**:yfgLo ljkb**\ **tyf hnjfo' pTyfgzLn** **of]hgf th{'df lgb]{lzsf**

**Local Disaster and Climate Resilience Planning Guidelines (LDCRP Guidelines-2074)**

**g]kfn ;/sf/**

**;ª\3Lo dfldnf tyf** **:yfgLo ljsf; dGqfno**

**l;+xb/jf/, sf7df8f}+**

**g]kfn**

:yfgLo ljkb\ tyf hnjfo' pTyfgzLn of]hgf th'{df k|lqmof

***r/0f–! M ;dGjo / k|f/lDes tof/L***

!=! lhNnf, gu/kflnsf÷ufpFkflnsf :t/Lo ;dGjo / k|f/lDes tof/L

!=@ :yfgLo ljkb\ tyf hnjfo' pTyfgzLn ;ldltsf] u7g

!=# of]hgf th'{df tyf ;dGjo ;ldlt / cGo ;ldltx?sf] u7g

!=$ Ifdtf ljsf;

!=$ Ifdtf ljsf; tflnd

***r/0f–@ M :fª\s6f;Ggtf ;+s6 pGd'vtf tyf Ifdtf ljZn]if0f***

@=! :yfgLo ljkb tyf hnjfo' pTyfgzLntf ;DaGwL ;"rgf tyf tYofª\s ;ª\sng

@=@ ;ª\s6f;Ggtf tyf Ifdtf ljZn]if0f

@=# hf]lvd ;+j]]bglzn e"—pkof]u laZn]if0f

@=$ hf]lvd kfZj{lrq lgdf{0f

***r/0f–% M cg'udg, d"Nofª\sg / k'g/fjnf]sg***

%=! cg'udg tyf d"Nofª\sg -;"rs ;lxt\_

%=@ of]hgfsf] k'g/fjnf]sg tyf cBfjlws

***r/0f–$ M of]hgfsf] :jLs[tL, d"nk|jflxs/0f / sfof{Gjog***

$=! ;efaf6 of]hgfsf] :jLs[tL

$=@ aflif{s / cfjlws of]hgfdf ah]6 Joj:yf ;lxt d"nk|jflxs/0f

$=# Plss[t of]hgf sfof{Gjog

***r/0f–# M :yfgLo ljkb tyf hnjfo'* p*TyfgzLn of]hgf th'{df***

#=! :yfgLo ljkb tyf hnjfo' pTyfgzLn lqmofsnfkx?sf] klxrfg tyf k|fyldsLs/0f

#=@ of]hgf th'{df

:yfgLo ljkb tyf hnjfo' pTyfgzLn of]hgf th'{df lgb]{lzsf,

@)&$

k|:tfjgf M

g]kfn af9L, klx/f], e"sDk, dxfdf/L, cfunfuL, xfjfx'/L, r6\ofË, cl;gf, n", zLtnx/, v8]/L, lxdtfn lj:kmf]6 tyf lxdklx/f]sf] pRr hf]lvddf /x]sf] dn's xf] . hnjfo'hGo kl/jtg{sf sf/0f kg{] k|lts'n k|efjaf6 klg g]kfn ;+j]bgzLn cj:yfdf /x]sf] 5 . o; ;Gbe{df g]kfn ;/sf/af6 :jLs[t æljkb\ hf]lvd Joj:yfkg /fli6«o /0fgLlt, @)^^Æ / :yfgLo cg's'ng of]hgfsf] /fli6«o ;+/rgf @)^\* df Joj:yf eP adf]lhd ljkb\ hf]lvd Joj:yfkg tyf hnjfo' kl/jt{g cg's'ngsf] If]qdf k"j{tof/L, /f]syfd, clNks/0f, k|ltsfo{, k'g{:yfkg / k'g{lgdf{0f tyf cg's'ngsf] sfo{nfO{ ljz]if dxTj lbOPsf] 5 . o;df ljkb\ hf]lvd Go"gLs/0f tyf hnjfo' kl/jt{g pTyfgzLntfnfO{ s]Gb| b]lv :yfgLo tx;Dd lj:tf/ u/L ;a} txsf ljsf; gLlt tyf sfo{qmddf ljkb Jo:YffkgnfO{ d"nkj|fxLs/0f ug{'kg{] oyfy{tfnfO{ cfTd;ft u/L lbuf] ljsf;sf] dfGotfnfO{ ;'lglZrt ug{ k|efljt ;a} ju{, ;d'bfo Pj+ If]qsf] kx'Fr / :jfldTj :yflkt x'g] u/L :yfgLo >f]t, ;fwg tyf Ifdtfsf] clwstd\ kl/rfng ug'{kg]{ cfhsf] cfjZostf xf] . o; k|lqmofnfO{ ;xeflutfd"ns, kf/bzL{, pQ/bfoL, ;dfj]zL / lhDd]jf/ agfpg ljkb\ hf]lvd Go"gLs/0f tyf Aoj:yfkg P]g @)&$, sf] d"n efjgf tyf dd{nfO{ cfTd;ft ub{} :yfgLo ;/sf/ ;+rfng P]g, @)&$ n] lbPsf] clwsf/ k|of]u u/L ljkb\ hf]lvd Go"gLs/0f / hnjfo" pTyfgzLntfsf ljifox? ;d]t ;dfj]z ub}{ æ:yfgLo ljkb\ hf]lvd Joj:yfkg of]hgf th{'df lgb]{lzsf, @)^\*Æ tyf :yfgLo hnjfo' cg"s'ng of]hgfsf] /fli6«o ;+/rgf @)^\* df Aoj:yf ePsf k|lqmof Pj+ ljlwx?nfO{ Plss[t tyf ;/nLs[t u/L :yfgLo ljkb\ tyf hnjfo' pTyfgzLn of]hgf th'{df lgb]{lzsf, @)&$ nfO{ :jLs[t u/L nfu" ul/Psf] 5 .

efu —!

k|f/lDes

!= ;+lIfKt gfd / k|f/De M

-!\_ o; lgb]{lzsfsf] gfd æ:yfgLo ljkb\ tyf hnjfo' pTyfgzLn of]hgf th'{df lgb]{lzsf, @)&$\_Æ /x]sf] 5 .

-@\_ of] lgb]{lzsf g]kfn ;/sf/ af6 :jLs[t ePsf] ldltaf6 nfu" x'g]5 .

@= kl/efiffM ljifo jf k|;ª\un] csf]{ cy{ gnfu]df o; lgb]{lzsfdf,

-s\_ æP]gÆ eGGffn] :yfgLo ;/sf/ ;+rfng P]g, @)&$ nfO{ ;Demg'k5{ .

-v\_ ædGqfnoÆ eGgfn] ;ª\3Lo dfldnf tyf :yfgLo ljsf; dGqfnonfO{ ;Demg'k5{ .

-u\_ æljifout dGqfnoÆ eGgfn] g]kfn ;/sf/sf ljsf; lgdf{0f Pj+ ;]jf ;'ljwfsf] k|jfx;Fu ;DalGwt cGo dGqfnox¿nfO{ ;Demg'k5{ .

-3\_ æ/fli6«o /0fgLltÆ eGgfn] g]kfn ;/sf/af6 :jLs[t ePsf] æljkb\ hf]lvd Joj:yfkg /fli6«o /0fgLlt, @)^^Æ nfO{ ;Demg'k5{ .

-ª\_ æ:yfgLo cg's'ng sfo{ of]hgfÆ eGgfn] g]kfn ;/sf/ hg;ª\Vof tyf jftfj/0f dGqfnoaf6 :jLs[t ePsf] æ:yfgLo cg's'ng sfo{ of]hgfsf] /fli6«o ;+/rgf @)^\*Æ nfO{ ;Demg'k5{ .

-r\_ æljsf; ;fem]bf/Æ eGgfn] g]kfn ;/sf/;Fu ePsf] ;Demf}tf adf]lhd gub, lhG;L Pj+ k|fljlws ;xof]u pknAw u/fpg] låkIfLo Pj+ ax"kIfLo bft[ lgsfo, ;+o'Qm /fi6«;ª\3Lo lgsfox¿ tyf cGt/f{li6«o u}/;/sf/L ;+:Yff, /]8qm; cleofgsf cª\u / lghL If]q cflbnfO{ ;Demg'k5{ .

-5\_ æ:yfgLo txÆ eGgfn] ufpFkflnsf jf gu/kflnsf ;Demg'k5{ / ;f] zAbn] lhNnf ;efnfO{ ;d]t hgfpF5 .

h\_ gu/kflnsf eGgfn] ;+ljwfg adf]lhd :yfkgf ePsf] gu/kflnsf ;Demg'k5{ / ;f] zAbn] dxfgu/kflnsfnfO{ ;d]t hgfpF5 .

-em\_ æ:yfgLo ljkb\ tyf hnjfo' pTyfgzLn ;ldltÆ eGgfn] ljkb\ hf]lvd Joj:yfkg / hnjfo' kl/jt{g cg's"ngsf] d"n p2]Zo lnP/ :yfgLo txdf ul7t ;ldltx?nfO{ ;Demg'k5{ .

;f] ;ldltn] ljkb\ hf]lvd Go"gLs/0f tyf Joj:yfkg P]g @)&$ sf] bkmf !& cg';f/ u7g ePsf]] ;ldlt ;d]tnfO{ ;Demg'k5{ .

-`\_ æof]hgf th'{df tyf ;dGjo ;ldlt Æ eGgfn] ljkb\ hf]lvd Joj:yfkg tyf hnjfo' pTyfgzLn of]hgf th'{df ug{ u7g u/]sf] ;ldltnfO{ ;Demg'k5{ .

-6\_ “ljkb\ hf]lvd Go"gLs/0f” eGgfn] ljkb\k"j{ ul/g] hf]lvdsf] ljZn]if0f tyf d"Nofs+g, ljkb\ /f]syfd jf ljkb\af6 x'g] Ifltsf] Go"gLs/0f tyf ljsf;sf sfo{df ljkb\ hf]lvdnfO{ sd ug]{ ;DaGwL sfo{ ;Dem g'k5{ .

-7\_ æpTyfgzLntfÆ eGgfn] k|sf]k ;Dd'vtfdf /x]sf k|0ffnL, ;d'bfo jf ;dfhdf cGtlg{lxt Ifdtf h;n] k|sf]ksf c;/x¿nfO{ ;dodf g} k|efjsf/L 9+un] k|lt/f]w, zdg jf ;dfof]hg ug'{sf ;fy} k"j{j:yfdf kms{g ;fdy{ u/fpF5 . o; cGtu{t cfwf/e"t ;+/rgf jf ;]jf–k|0ffnLsf] ;+/If0f Pj+ k'g:yf{kgf nufot kb{5g\ .

-8\_ æu}/;/sf/L ;+:yfÆeGgfn] o; lgb]{lzsfsf] k|of]hgsf] nflu k|rlnt sfg'g adf]lhd :yfkgf ePsf / :yfgLo txsf] ;efaf6 cfkm\gf] sfo{qmd :jLs[t u/fO{ :yfgLo tx;Fu ;dGjo u/L sfo{ ;~rfng ug]{ u}/gfkmfd"ns ;+:YffnfO{ ;Demg'k5{ .

-9\_ æ;fd'bflos ;+:yfÆ eGgfn] hgr]tgf clej[l4, tflnd, cled'vLs/0f, ;Lk ljsf;, art, shf{ kl/rfng / ;zQmLs/0f ug]{ p2]Zon] lglZrt k|lqmof cjnDag u/L k|rlnt sfg'gadf]lhd :yfkgf ePsf tyf :yfgLo txdf ;"rLs[t ;d'bfodf cfwfl/t ;+:yfnfO{ ;Demg'k5{ .

-0f\_ æj8f ljkb\ tyf hnjfo' pTyfgzLn ;ldltÆ eGgfn] ljkb\ tyf hnjfo' kl/jt{gsf c;/sf] ;fdgf u/L ;'/lIft ;d'bfosf] ljsf;sf nflu j8f txdf ljkb\ k"j{tof/L, /f]syfd, clNks/0f, hnjfo'hGo kl/jt{g cg's'ng, k|ltsfo{, k'gM:yfkgf tyf k'glg{df{0f h:tf sfo{ ug]{ p2]Zon] ul7t ;ldltnfO{ ;Demg'k5{ .

-t\_ æ;fd'bflos ljkb\ tyf hnjfo' pTyfgzLn ;ldltÆ eGgfn] ljkb\ tyf hnjfo' kl/jt{gsf c;/sf] ;fdgf u/L ;'/lIft ;d'bfosf] ljsf;sf nflu ;d'bfo txdf ljkb\ k"j{tof/L, /f]syfd, clNks/0f, hnjfo'hGo kl/jt{g cg's'ng, k|ltsfo{, k'gM:yfkgf tyf k'glg{df{0f h:tf sfo{ ug]{ p2]Zon] ul7t ;ldltnfO{ ;Demg'k5{ .

-y\_ æof]hgfÆ eGgfn] o; lgb]{lzsfadf]lhd :yfgLo txdf tof/ x'g] :yfgLo ljkb\ tyf hnjfo' pTyfgzLn of]hgfnfO{ ;Demg'k5{ .

-b\_ æsfo{qmdÆ eGgfn] ljkb\ Go"gLs/0f tyf hnjfo' pTyfgzLn ug]{ p2]Zo nflu :yfgLo txdf tof/ ul/Psf] of]hgfdf ;dfj]; ePsf If]qut jf ax'If]qut sfo{qmdnfO{ ;Demg'k5{ .

-w\_ æcfof]hgfÆ eGgfn] s'g} ef}uf]lns If]q jf sfo{If]qdf lglZrt cjlw / nfut;d]t tf]sL lgwf{l/t p2]Zo k|flKtsf nflu tof/ ul/Psf] cfof]hgfnfO{ ;Demg'k5{ .

-g\_ æcg'bfgÆ eGgfn] g]kfn ;/sf/ tyf /fli6«o tyf cGt/fli6o bft[[lgsfoaf6 :yfgLo txnfO{ k|fKt x'g] lgzt{ tyf ;zt{ cg'bfg, ljQLo, k|fljlws Pj+ j:t'ut ;xof]u ;d]tnfO{ ;Demg'k5{ .

-k\_ ænlIft ;d"xÆ eGgfn] cfly{s tyf ;fdflhs ¿kdf k5fl8 k/]sf dlxnf, blnt, cflbjf;L, cflbjf;L hghflt, dw]zL, yf?, ckfªtf ePsf AolQm, l;dfGts[t, d'l:nd, lk58fau{, n}lus tyf of}lgs cNk;+Vos, afnaflnsf, lk5l8Psf ;a} hfthfltsf ljkGg ju{, Psn dlxnf, k|sf]k k|efljt, ;ª\s6f;Gg ;d'bfo tyf JolQmx¿ Pj+ g]kfn ;/sf/n] nlIft ;d"x egL tf]s]sf ju{ Pj+ ;d'bfonfO{ ;Demg'k5{ .

-km\_ ælghL If]qÆ eGgfn] /fHosf] k|ToIf ;+nUgtf ljgf JolQmut jf ;f+u7lgs ?kdf gfkmfd'vL k|of]hgn] ;~rflnt JolQm jf lgsfo eGg] ;Demg'kb{5 . o; cGtu{t ;fj{hlgs / gful/s ;dfh If]qafx]ssf JolQm, pBf]uL, Jofkf/L, pBf]u jfl0fHo dxf;+3 nufotsf JolQm Pj+ ju{ ;d]t hgfpFb5 .

#= :yfgLo ljkb\ tyf hnjfo' pTyfgzLn of]hgfsf] kl/ro

;Defljt ljkb\ tyf hnjfo'hGo kl/jt{gsf] hf]lvd sd ug{, ljkb\sf] ;dodf cfkt\sfnLg sfo{ ;Dkfbg ug{, k|efjsf/L k|ltsfo{ ug{ / ljkb\ kZrft\ k'gM:yfkg tyf k'glg{df{0fsf nflu lbzflgb]{z ug{ tof/ ul/Psf] of]hgfa4 sfo{qmd, sfo{lhDd]jf/L tyf ah]6;lxtsf] 9fFrf g} :yfgLo ljkb\ tyf hnjfo' pTyfgzLn of]hgf xf], h;n] M

-s\_ :yfgLo tx, ;d'bfo / ;/f]sf/jfnfsf] k|ToIf, ;dfj]zL, / ;lqmo ;xeflutfsf] k|Tofe"lt u5{ .

-v\_ ljkb tyf hnjfo' kl/jt{gåf/f dfgjLo, cfly{s, ;fdflhs, ef}lts tyf k|fs[lts >f]tdf kg{ ;Sg] k|lts"n k|efjsf] ljZn]if0f u5{ .

-u\_ ;dfj]zL / ;xefuLtfd"ns ljlwsf] k|of]u dfkm{t\ ;d'bfodf /x]sf] ;ª\s6f;Ggtfsf] klxrfg, :t/Ls/0f tyf Ifdtf ljZn]if0f ub}{ hf]lvd Go"gLs/0f, k|ltsfo{ / k'g{nfesf sfo{x? ug{ tyf hnjfo' kl/jt{g cg's'ngsf nflu :yfgLo >f]t, ;fwg tyf Ifdtfsf] clwstd\ kl/rfngdf hf]8 lbG5 .

-3\_ ljkb\ hf]lvd Go"gLs/0fsf nflu cfjZostf cg';f/ :yfgLo txsf] aflif{s tyf cfjlws ljsf; of]hgf tyf k|lqmofdf ljkb\ tyf hnjfo' pTyfgzLntfnfO{ d"nk|jfxLs/0f ub}{ ljkb\ k"j{, ljkb\sf] ;dodf / ljkb\ kl5 ug'{ kg]{ sfo{nfO{ k|fyldsLs/0f u5{ .

$= lgb]{lzsfsf] kl/ro tyf p2]Zo M

ljkb\ tyf hnjfo'hGo hf]lvd Joj:yfkgsf sfo{nfO{ ;+:yfut u/L ljkb\ pTyfgzLn ;d'bfosf] lgdf{0f ug{ :yfgLo txsf cfjlws / jflif{s of]hgf tyf sfo{qmddf ;d]t d"nk|jfxLs/0f u/L lbuf] ljsf; ug]{ p2]Zon] of]hgf th'{df k|lqmofnfO{ ;'lglZrt ug{ tof/ ul/Psf] dfu{bz{g g} æ:yfgLo ljkb\ tyf hnjfo' pTyfgzLn of]hgf th'{df lgb]{lzsf @)&$Æ xf] . o; lgb]{lzsfsf] p2]Zo b]xfo adf]lhd x'g]5 M

-s\_ :yfgLo ljkb\ tyf hnjfo' pTyfgzLn of]hgf th'{df ug{ Go"gtd cfwf/ tyf ;femf dfkb08 lgwf{/0f ug'{, .

-v\_ :yfgLo txdf /x]sf] ljkb\sf] ;ª\s6f;Ggtf, hf]lvd / Ifdtf ljZn]if0f ug{ / ;f]xL adf]lhd ljkb\ tyf hnjfo'hGo hf]lvd Joj:yfkgsf sfo{qmdx?nfO{ k|fyldsLs/0f ub}{ :yfgLo ljsf; k|lqmofdf d'nk|jfxLs/0f u/L ljkb\ tyf hnjfo' pTyfgzLn ;d'bfosf] lgdf{0fdf of]ubfg ug'{,

-u\_ :yfgLo txsf gLlt tyf ljsf; sfo{qmddf ;a} If]q / ju{ -dlxnf , afnaflnsf, Ho]i7 gful/s, Psn dlxnf, ckfª\utf ePsf JolQmx¿, blnt, cflbjf;L, hghflt, cNk;+Vos, ;ª\s6f;Gg ;d'bfo tyf JolQmx¿, dw];L, d'lZndh:tf ju{ Pj+ g]kfn ;/sf/n] nlIft ;d"x egL kl/eflift u/]sf ju{sf] ;dfg'kflts ;xeflutf ;'lglZrt u/L ljkb\ hf]lvd Joj:yfkg tyf hnjfo' kl/jt{g cg's'ngnfO{ ;+:yfut ug{ dfu{ k|z:t ug'{ .

%= lgb]{lzsfsf] sfof{Gjog / ;Ldf M

o; lgb]{lzsfsf] k|of]u :yfgLo txn] cfkm\gf] ljkb\ tyf hnjfo' pTyfgzLn of]hgf tyf sfo{qmd th'{df ug{ dfu{bz{gsf] ?kdf lnO{ sfof{Gjog ug]{5g . lgoldt of]hgf th'{df k|lqmofsf] cleGg cª\usf] ¿kdf sfo{Gjog ug]{5g\ . lgb]{lzsfsf] k|of]uaf6 gu/kflnsf / ufpFkflnsfn] cfkm\gf] If]qleq ;~rfng x'g] ljkb\ tyf hnjfo' pTyfgzLntf ;DaGwL of]hgf tyf sfo{qmdsf] th'{df, sfof{Gjog, cg'udg tyf d"Nofª\sg, :yfgLo txdf aflif{s tyf cfjlws of]hgfdf ljkb\ hf]lvd Go"gLs/0fsf] d"nk|jflxs/0f / k|efljt ;d'bfonfO{ pknAw u/fpg] ;]jf tyf ;'ljwfsf] k|jfx;Dd o;sf] pkof]u ul/g]5 .

efu —@

:yfgLo ljkb tyf hnjfo' pTyfgzLn of]hgf th'{df

of]hgf th'{dfsf r/0fa4 k|lqmof

of]hgf th'{df ubf{ gu/kflnsf tyf ufpFkflnsfsf ;a} j8f / 6f]n tyf a:tLsf k|efljt tyf ;ª\s6f;Gg ;d'bfosf] k|ToIf ;dfg'kflts / ;dfj]zL ;xeflutf ;'lglZrt ug'{ kg]{5 . of]hgf th'{df ubf{ ;dfj]zL, ;dfg'kflts ;xeflutfd"ns / oyfy{k/s agfpg lgDg cg';f/sf k|lqmofx¿ cjnDag ul/g]5g\M

@=!= r/0f–!M ;dGjo / k|f/lDes tof/L

@=!=! lhNnf÷ ufpFkflnsf ÷gu/kflnsf÷ :t/Lo ;dGjoM

ufpFkflnsf tyf gu/kflnsfn] ljkb\ tyf hnjfo' pTyfgzLn of]hgf th'{df ug]{ qmddf lhNnfljkb\ Joj:yfkg ;ldlt lhNnf ;dGjo ;ldlt, / lhNnfl:yt ljifout If]q jf sfof{nox?, ;/f]sf/jfnf ;ª\3;+:yf tyf lgsfo;Fu k|efjsf/L ;dGjo ug'{ kg]{5 .

@=!=@ :yfgLo ljkb\ tyf hnjfo' pTyfgzLn ;ldlt u7gM

of]hgf th'{dfsf] nflu gu/kflnsf tyf ufpFkflnsfn] cg';"rL–! adf]lhd :yfgLo ljkb\ tyf hnjfo' pTyfgzLn ;ldltsf] u7g ug'{kg]{5 .

@=!=@=! **:yfgLo ljkb\ tyf hnjfo' pTyfgzLn ;ldltsf] sfd st{Jo tyf clwsf/**

:yfgLo ljkb\ tyf hnjfo' pTyfgzLn ;ldltsf] sfd st{Jo / clwsf/ lgDg cg';f/ x'g]5 M

* ufpFkflnsf tyf gu/kflnsf If]qsf] ljkb\ tyf hnjfo' pTyfgzLn of]hgfsf] th'{df, sfof{Gjog / cg'udg / k'g/fjnf]sg ug]{,
* of]hgf tof/ ubf{ g]kfn ;/sf/n] lgwf{/0f u/]sf] ljkb\ pTyfgzLn ;d'bfox?sf] Go"gtd cfwf/x?nfO{ Wofg lbg' kg]{,
* ufpFkflnsf tyf gu/kflnsfsf] j8fx?df j8f:t/Lo / ;d'bfo:t/df ;fd'bflos ljkb tyf hnjfo" pTyfgzLn ;ldltsf] u7g ug]{ . o;/L u7g ubf{ ;fljsdf /x]sf ;d'bfo :t/sf ;fd'bflos ljkb\ Aoj:yfkg ;ldltnfO{ cfjZostf cg';f/ kl/dfh{g klg ug{ ;lsg]5 . / :yfgLo txdf u7g x'g] ljkb\ Joj:yfkg tyf hnjfo' kl/jt{g cg's'ng ;DaGwL cGo ;ldlt tyf pk;ldltnfO{ ;xof]u k'¥ofpg],
* gu/kflnsf tyf ufpFkflnsf :t/sf sd{rf/L, ;d'bfodf cfwfl/t ljkb\ tyf hnjfo' pTyfgzLn ;ldlt ;b:o, gful/s ;dfhsf k|ltlglw tyf /fhgLlts bnsf k|ltlglwnfO{ ljkb tyf hnjfo' pTyfgzLntf ;DaGwL k|lzIf0f lng] jf lbg] Joj:yf ldnfpg],
* ljkb\ Joj:yfkgsf nflu :yfgLo:t/df ljkb tyf hnjfo' pTyfgzLn sf]ifsf] :yfkgf / ;~rfngsf] Joj:yf ldnfpg],
* lasf; lgdf{0fsf lqmofsnfkx? sfo{fGjogdf ljkb\ hf]lvd Jofj:yfkg tyf hnjfo' cg's"ngnfO{ d"nk|jflxs/0f ug]{ .
* ljkb tyf hnjfo' pTyfgzLn of]hgf sfof{Gjogsf] nflu cfjZos ah]6 ljlgof]hgsf nflu kxn ug]{,
* ;+3 tyf k|b]z:t/af6 hf/L ePsf gLlt, lgb]{zg tyf dfkb08x? sfof{Gjog ug]{, u/fpg],
* ;/lIft ljBfno tyf c:ktfnsf nflu ljkb hf]lvd Go"lgs/0f tyf hnjfo' kl/jt{g cg's'ngsf sfo{qmdx? of]hgfdf ;dfj]z ug]{
* ljkb tyf hnjfo' pTyfgzLn of]hgf, cfkt\sfnLg sfo{of]hgf, k'gM:yfkgf tyf k'glg{df{0f of]hgf th'{df tyf sfof{Gjog ubf{ ;a} ;/f]sf/jfnfx?sf] ;xeflutfnfO{ ;'lglZrt ug]{ . cfjZostf cg'?k ;+s6f;Gg j8f / ;d'bfox?df ljkb\ tyf hnjfo' pTyfgzLn ;ldlt, k"j{tof/L tyf k|ltsfo{sf nflu sfo{bnx? u7g u/L Ifdtf clej[l4 ug]{ .
* ljkb\ k|efljt If]qdf vf]h, p4f/, /fxt tyf k|ltsfo{sf] Joj:yf ldnfpg],
* gu/kflnsf tyf ufpFkflnsfsf nflu ljkb\ tyf hnjfo' pTyfgzLntf ;DaGwL cfjZos gLlt, lgb]{lzsf tyf sfo{ljwL tof/ ug]{,
* ljkb tyf hnjfo' kl/jt{gsf] k|efjaf6 lj:yflkt ;d'bfonfO{ k'gM:yfkg ug{ jftj/0f tyf ljkb\ Joj:yfkg pk ;ldltnfO{ lgb]{zg lbg] . ,
* gu/kflnsf tyf ufpFkflnsf :t/sf] k|sf]k tyf hnjfo'hGo hf]lvd gS;f+sg ug]{ .,
* ljkb\ tyf hnjfo' pTyfgzLntf ;DaGwL hgr]tgf tyf Ifdtf clej[l4sf sfo{ ug]{, u/fpg],
* ljkb\ tyf hnjfo' pTyfgzLn of]hgf th'{df / sfof{Gjog k|lqmofnfO{ ;dfj]zL / ;xeflutfd"ns agfpg lgDg cg';f/sf cGtlg{lxt If]qnfO{ k|fyldstfdf /fVg] M
  + n}ª\lus ;dfgtf,
  + ;fdflhs ;dfj]zLs/0f,
  + Affnaflnsf
  + Ho]i7 gful/s
  + ckª\utf ePsf JolQm tyf ;+:yfsf] k|ltlglw tyf ;LdflGts[t ;d'bfosf] kx'Fr,
  + hLljsf]kfh{gsf j}slNks If]qsf] klxrfg / k5fl8 kfl/Psf ju{sf] kx'Fr,
  + k|efljt ;d'bfosf] dfgjclwsf/sf] ;+/If0f,
  + k|ltsfo{df Go"gtd dfkb08sf] ;'lglZrttf .
  + /fxft, k|ltsfo{ / k'g:yfkgf k|s[ofdf clae]b tyf ;dGoflostfsf] ;'lglZrttf:yfgLo ;/sf/ ;+rfng P]g @)&$, ljkb\ hf]lvd Go"gLs/0f tyf Joj:yfkg P]g @)&$ tyf k|rlnt g]kfn sfg'g adf]lhd ;+3Lo tyf k|b]z ;/sf/, lhNnf ;dGjo ;ldlt, lhNnf ljkb\ Aoj:yfkg ;ldlt, cGo :yfgLo tx, :yfgLo txdf sfo{/t /fli6«o tyf cGt/f{li6«o u}/;/sf/L ;+:yf, bft[ ;+:yf / lghL If]q;Fu ;dGjo ug]{ .

@=!=# of]hgf th'{df tyf ;dGjo ;ldltsf] u7g M

:yfgLo ljkb\ tyf hnjfo' pTyfgzLn ;ldltn] cg";'rL @ adf]lhdsf] of]hgf th'{df tyf ;dGjo ;ldlt u7g ug'{ kg]{5 .;ldltn] sfo{ ;Dkfbg ubf{ gu/kflnsf tyf ufpFkflnsfdf sfo{/t ;fdflhs kl/rfns, k|fljlws sd{rf/Lx¿, lzIfs, :yfgLo :t/df ljkb\ tyf hnjfo' pTyfgzLntf ;DaGwL 1fg ePsf JolQmx?af6 cfjZos ;xof]u lng ;Sg]5 .

@=!=#=! of]hgf th'{df tyf ;dGjo ;ldltsf] sfd, st{Jo tyf clwsf/

* ljkb\ tyf hnjfo' pTyfgzLn of]hgf tyf sfo{qmd th'{df u/L :yfgLo ljkb\ tyf hnjfo' pTyfgzLn ;ldltdf k]z ug]{
* :yfgLo txsf] cfjlws aflif{s, tyf cGo of]hgf th'{df ubf{ ljkb\ tyf hnjfo' pTyfgzLn of]hgfn] lgwf{/0f u/]sf lqmofsnfkx? nfO{ d"nk|jfxLs/0f ug]{
* ljkb\ tyf hnjfo' pTyfgzLnsf nflu d"n ;ldlt;Fu lgoldt, ;Dks{, ;dGjo, 5nkmn ug]{
* of]hgf th'{df k|lqmodf lhNnf ljkb\ Joj:yfkg ;ldlt, lhNnf ;dGjo ;ldlt / ljifout ljefu÷zfvf, gu/kflnsf jf ufpFkflnsf, :yfgLo ljkb\ Joj:yfkg ;ldlt, ljBfno ljkb\ Joj:yfkg ;ldlt, :yfgLo :t/df ljkb\ tyf hnjfo' pTyfgzLntf ;DaGwL 1fg ePsf JolQmx? ;lxt cGo ;/f]sf/jfnf lgsfo;Fu lgoldt ;dGjo u/L ;'emfj lng] .
* gu/kflnsf Pj+ ufpFkflnsf tyf j8f:t/df ;~rfng ul/g] ;xeflutfd"ns ;ª\s6f;Ggtf tyf Ifdtf ljZn]if0fsf nflu tYofª\s tyf ;"rgf ;ª\sng u/L ljZn]if0f ug]{ .
* of]hgf th'{df k|lqmofsf] x/]s r/0fdf cfly{s ¿kdf k5fl8 k/]sf, ljkb\sf] hf]lvddf /x]sf tyf clt k|efljt ;d"x, ljkGg ju{sf dlxnf Pj+ afnaflnsf tyf cfly{s / ;fdflhs ¿kdf lk5l8Psf ;a} hfthfltsf ljkGg ju{x¿, Ho]i7 gful/s, blnt, cflbjf;L, hghflt, cNk;+Vos, nf]k'Gd'v ckfª\utf ePsf JolQmx¿, Psn dlxnf, g]kfn ;/sf/n] nlIft ;d"x egL tf]s]sf ju{ Pj+ ;d'bfosf] ;xeflutfnfO{ ;'lglZrt ug]{ .
* of]hgf th'{df tyf sfo{fGjog ubf{ cGo ;ldltx?;Fu ;dGjo ug]{ .

@=!=$ **j8f** **ljkb\ tyf hnjfo' pTyfgzLn ;ldltsf] sfd st{Jo tyf clwsf/**

j8f :t/df ljkb\ tyf hnjfo' pTyfgzLntfsf nflu cg';"rL # adf]lhd j8f ljkb\ tyf hnjfo' pTyfgzLn ;ldlt u7g ul/g]5 .

* j8fsf] ljkb\ tyf hnjfo' pTyfgzLn of]hgfsf] th'{df, sfof{Gjog / cg'udg / k'g/fjnf]sg ug]{,
* of]hgf tof/ ubf{ g]kfn ;/sf/n] lgwf{/0f u/]sf] ljkb\ pTyfgzLn ;d'bfox?sf] Go"gtd cfwf/x?nfO{ Wofg lbg' kg]{,
* ;d'bfodf ljkb tyf hnjfo" pTyfgzLn ;ldltsf] u7g ug]{ . o;/L u7g ubf{ ;fljsdf /x]sf ;d'bfo :t/sf ;fd'bflos ljkb\ Aoj:yfkg ;ldltnfO{ cfjZostf cg';f/ k'g{u7g ug{ ;lsg]5 . / :yfgLo txdf u7g x'g] ljkb\ Joj:yfkg tyf hnjfo' kl/jt{g cg's'ng ;DaGwL cGo ;ldlt tyf pk;ldltnfO{ ;xof]u k'¥ofpg],
* j8fsf sd{rf/L, ;d'bfodf cfwfl/t ljkb\ tyf hnjfo' pTyfgzLn ;ldlt ;b:o, gful/s ;dfhsf k|ltlglw tyf /fhgLlts bnsf k|ltlglwnfO{ ljkb tyf hnjfo' pTyfgzLntf ;DaGwL k|lzIf0f lng] jf lbg] Joj:yf ldnfpg],
* j8fdf ljkb tyf hnjfo' pTyfgzLn sf]ifsf] :yfkgf / ;~rfngsf] Joj:yf ldnfpg],
* j8fdf lasf; lgdf{0fsf lqmofsnfkx? sfo{fGjogdf ljkb\ hf]lvd Jofj:yfkg tyf hnjfo' cg's"ngnfO{ d"nk|jflxs/0f ug]{ .
* j8fdf ljkb tyf hnjfo' pTyfgzLn of]hgf sfof{Gjogsf] nflu cfjZos ah]6 ljlgof]hgsf nflu kxn ug]{,
* ufpFkflnsf tyf gu/kflnsfaf6 hf/L ePsf gLlt, lgb]{zg tyf dfkb08x? sfof{Gjog ug]{, u/fpg],
* j8fdf ;'/lIft ljBfno tyf c:ktfnsf nflu ljkb hf]lvd Go"lgs/0f tyf hnjfo' kl/jt{g cg's'ngsf sfo{qmdx? of]hgfdf ;dfj]z ug]{
* j8fdf ljkb tyf hnjfo' pTyfgzLn of]hgf, cfkt\sfnLg sfo{of]hgf, k'gM:yfkgf tyf k'glg{df{0f of]hgf th'{df tyf sfof{Gjog ubf{ ;a} ;/f]sf/jfnfx?sf] ;xeflutfnfO{ ;'lglZrt ug]{ . cfjZostf cg'?k ;+s6f;Gg ;d'bfox?df ljkb\ tyf hnjfo' pTyfgzLn ;ldlt, k"j{tof/L tyf k|ltsfo{sf nflu sfo{bnx? u7g u/L Ifdtf clej[l4 ug]{ .
* j8fdf ljkb\ k|efljt If]qdf vf]h, p4f/, /fxt tyf k|ltsfo{sf] Joj:yf ldnfpg],
* j8f tyf ;d'bfosf] ljkb\ tyf hnjfo' pTyfgzLntf ;DaGwL cfjZos lgb]{lzsf tyf sfo{ljwL tof/ ug]{,
* j8f tyf ;d'bfosf] k|sf]k tyf hnjfo'hGo hf]lvd gS;f+sg ug]{ .j8fdf ljkb\ tyf hnjfo' pTyfgzLntf ;DaGwL hgr]tgf tyf Ifdtf clej[l4sf sfo{ ug]{,

@=!=% Ifdtf ljsf; tflnd M

s\_ :yfgLo ljkb\ tyf hnjfo' pTyfgzLn ;ldlt, of]hgf th'{df tyf ;dGjo ;ldlt, j8f tyf ;d'bfo :tl/o ljkb\ tyf hnjfo' pTyfgzLn ;ldltsf kbflwsf/L, ;fdflhs kl/rfns / sd{rf/Lsf] nfuL of]hgf th'{df Ifdtf a9fpg ljkb\ Joj:yfkg tyf hnjfo'hGo hf]lvd, ;ª\s6f;Ggtf tyf Ifdtf ljZn]if0f ;DaGwL tflnd cfjZostf cg';f/ cfof]hgf ug'{ kg]{5 .

o; afx]s ;+s6f;Gg ;d'bfo jf nlIft ;d'bfosf JolQmx?nfO{ cfjZostf cg';f/ 5'6\6} Ifdtf ljsf;sf tflndx? klg ;+rfng ug'{kg]{5 . o:tf] tflnd ;DefJotfsf] cfwf/df 5'6\6f5'6\6} jf b'O{ jf ;f]eGbf a9L gu/kflnsf tyf ufpFkflnsfn] ;+o'Qm ¿kdf klg ;~rfng ug{ ;Sg]5g\ . tflnd k|fKt hgzlQmn] :yfgLo tyf ;fd'bflos ljkb\ tyf hnjfo' pTyfgzLn of]hgf th'{df / d"nk|jfxLs/0fdf k|ToIf of]ubfg lbg]5g\ . tflndsf] ljifoa:t' cg';"rL # adf]lhd x'g]5 .

v\_ pkbkmf -s\_ adf]lhdsf] tflnd kZrft\ :yfgLo ljkb\ tyf hnjfo' pTyfgzLn;ldltn] :yfgLo ljkb\ tyf hnjfo'hGo hf]lvd Joj:yfkg of]hgf th'{df ug{ ;do tyf sfo{ lhDd]jf/L ;lxtsf] sfo{ tflnsf tof/ u/L sfo{ ;DkGg ug'{ kg]{5 . sfo{tflnsf tof/ ubf{ :yfgLo of]hgf th'{df k|lqmof;Fu ldnfg x'g] u/L ug'{ kg]{5 .

@=@= r/0f– ;ª\s6f;Ggtf tyf Ifdtf ljZn]if0f

@=@=! ljkb\ tyf hnjfo' kl/jt{g ;DaGwL ;"rgf tyf tYofª\s ;ª\sng

s\_ of]hgf th'{df tyf ;dGjo;ldltn] ;fdflhs kl/rfns tyf sd{rf/L;d]t kl/rfng u/L j8f ;d'bfo:t/df ljkb\ tyf hnjfo' pTyfgzLntf ;DaGwL lnË, pd]/, ckfËtf, hfthflt tyf cGo cfwf/ 5'6\ofP/ ;"rgf tyf tYofª\s ;ª\sng ug'{ kg]{5 . ;"rgf ;ª\sng ubf{ :yfgLo ;d'bfonfO{ ljkb\ tyf hnjfo' pTyfgzLntf / of]hgfsf] cf}lrTo af/] hfgsf/L u/fpg' kg]{5 .

v\_ ;"rgf tyf tYofª\s ;ª\sng ubf{ cfjZostf cg';f/ cg';"rL $ adf]lhdsf ljkb\ tyf hnjfo'hGo hf]lvd tyf ;ª\s6f;Ggtf / Ifdtf ljZn]if0f cf}hf/x¿ (VCA Tools) sf] k|of]u ug'{ kg]{5 . ;ª\slnt ;"rgf tyf tYofª\ssf] ljZj;gLotf sfod ug{ oyfy{tfsf] k/LIf0f (Validity Test) ug'{ kg]{5 .

@=@=@ ;ª\s6f;Ggtf tyf Ifdtf ljZn]if0f

s\_ bkmf @=@=!= -s\_ adf]lhd ;ª\slnt tYofª\snfO{ ;d'bfo Pj+ j8fsf] 5'§f5'§} / ufpFkflnsf tyf :t/sf] PsLs[t ;ª\s6f;Ggtf tyf Ifdtf ljZn]if0f cg';"rL % adf]lhd ug'{ kg]{5 . ;ª\s6f;Ggtf tyf Ifdtf ljZn]if0f ubf{ ;a} If]q / ju{ -dlxnf, afnaflnsf, Ho]i7 gful/s, Psn dlxnf, ckfª\utf ePsf JolQmx¿, blnt, cflbjf;L, hghflt, cNk;+Vos, nf]k'Gd'v, ;ª\s6f;Gg ;d'bfo tyf JolQmx¿, dw];L, d'lZndh:tf ju{ Pj+ g]kfn ;/sf/n] nlIft ;d"x egL kl/eflift u/]sf ju{\_ sf] ;dfg'kflts ;xeflutf ;'lglZrt ug'{ kg]{5 .

v\_ pkbkmf @=@=! adf]lhd ;ª\s6f;Ggtf tyf Ifdtf ljZn]if0fsf] cfwf/df ;d'bfo, j8f / gu/kflnsf

tyf ufpFkflnsfsf] cg';"rL % adf]lhd PsLs[t ¿ksf] ljkb\ hf]lvd kfZj{lrq tof/ ug'{ kg]{5 . o;/L

tof/ ePsf] kfZj{lrq gu/kflnsf tyf ufpFkflnsf kfZj{lrqdf ;dfj]z u/L k|sfzg ug'{ kg]{5 .

u\_ ljif]zul/ e"sDkLo ljkb\sf] ;DaGwdf ;+efljt e"sDksf] hf]lvdaf6 x'g;Sg] ;+VofTds Ifltsf] cg'dfg

ug{ gu/kflnsf / ufpFkflnsfsf] Ifdtf cg';f/ hf]lvd ljZn]if0f ug]{ . olb ufpFkflnsf / gu/kflnsf n] e"sDkLo hf]lvdsf] ljZn]if0f / To;sf] sfof{Gjog ul/;s]sf] 5 eg] To;sf] glthf k|of]u ug{ ;Sg]5g\ .

@=@=# hf]lvd ;+j]bgzLn e"—pkof]u ljZn]if0f

s\_ :yfgLo txn] :yfgLo ljkb\ tyf hnjfo' pTyfgzLn of]hgf th'{dfsf nflu :yfgLo txsf] hf]lvd ;+j]bgzLn e"—pkof]u of]hgf cg'?k hf]lvd tyf Ifdtf n]vfhf]vf ug'{kg]{5 . t/, ;DalGwt :yfgLo txsf] hf]lvd ;+j]bgzLn e"—pkof]u of]hgf th'{df gePsf] cj:yfdf cfjZos j}1flgs Pj+ cGo cf}hf/x?sf] k|of]u u/L ;f] If]qsf] e"—pkof]usf] juL{s/0f ug]{ / ;f]cg'?k hf]lvd tyf Ifdtf n]vfhf]vf ug'{ kg]{5 .

v\_ bkmf @=@=#=s\_ adflhd ul/Psf] e"—pkof]u juL{s/0fsf] :j?knfO{ ;d'bfodf 5nkmn u/L :yfgLo txsf] ljkb\ tyf hnjfo'hGo hf]lvd tyf Ifdtf n]vfhf]vf ug{ k|fyldstf lbg'kg]{5 .

u\_ ;d'bfon] ;+s6f;Ggtf tyf Ifdtfsf] n]vfhf]vf ug]{ qmddf hf]lvd ;+j]bgzLn e"—pkof]u of]hgf cg';f/ 5'§ofOPsf ;'/lIft a:tL ljsf; If]q, ljwfno If]q, v]tLof]Uo, ;/sf/L sfo{fno If]q, rl/r/0f, pwf]u snsf/vfgf If]q, afnaflnsf nflu v]ns'b If]q, v'nf If]q, jgef]h If]q, l;d;f/ If]q, hf]lvdo'Qm tyf cGo If]qnfO{ ;d]t :yfgLo ljkb\ tyf hnjfo' pTyfgzLn of]hgfdf pNn]v ug'{kg]{5 .

3\_ Hff]lvd ;+j]bgzLn e"—pkof]u of]hgfsf] lgdf{0f k|fljlws k|s[ltsf] sfo{ ePsf]n] o;sf] lgdf{0f, bIf, cg'ejL / ;Ifd ljz]if1 ;d"xsf] ;xeflutf ;'lglZrt ug'{ kb{5 . :yfgLotxn] ;DalGwt If]qsf ljz]if1x?sf] tkm{af6 Ps 6f]nL u7g ul/ jf s'g} k/fdz{ bft[ ;+:yfsf] ;xof]u dfkm{t :yfgLo txsf] ;+s6f;Ggtf tyf Ifdtfsf] n]vfhf]vf ug'{ cufj} Hff]lvd ;+j]bgzLn e"—pkof]u of]hgf tof/ ug'{kg]{5 . /fli6«o e"—pkof]u lglt cGt{ut e"— pkof]u jlu{s/0f, ljZn]if0f tyf gS;fÍg eO;s]sf] eP To;}nfO{ cjnDjg u/L of]hgfdf ;dfj]z ug{ ;lsg]5 .

@=#= r/0f– #M :yfgLo ljkb\ tyf hnjfo' pTyfgzLn of]hgf th'{df

@=#=! :yfgLo ljkb\ tyf hnjfo' pTyfgzLn lqmofsnfksf] klxrfg tyf k|fyldsLs/0f

:yfgLo ljkb\ tyf hnjfo' pTyfgzLn kfZj{lrqdf klxrfg ePsf hf]lvdsf] Joj:yfkg ug{ ;d'bfo, j8f ufpFkflnsf tyf gu/kflnsf txdf ;~rfng ug'{ kg]{ lqmofsnfkx¿sf] klxrfg u/L cg';"rL ^ sf] 9fFrf adf]lhd k|fyldstf lgwf{/0f ug'{ kg]{5 . pQm lqmofsnfkx?sf] k|fyldsLs/0f ubf{ ;ª\s6f;Gg ;d'bfo, ul/a, ckfª\utf ePsf JolQmx?sf ;d"x tyf ;+:yfx?, dlxnf, afnaflnsf, Ho]i7 gful/s, blnt tyf hghflt ;d]tsf] cy{k"0f{ tyf k|efjsf/L ;xeflutf ;'lglZrt ug'{ kg]{5 .

@=#=@ of]hgf th'{df

s\_ ;d'bfo / j8f txaf6 k|fyldsLs/0f ePsf ljkb\ tyf hnjfo' pTyfgzLnsf sfo{nfO{ PsLs[t u/L cg';"rL & adf]lhdsf] 9fFrfdf :yfgLo ljkb\ tyf hnjfo' pTyfgzLn of]hgfsf] d:of}bf tof/ ug'{ kg]{5 . k|:t't of]hgfdf hf]lvddf /x]sf ju{sf] ;'/Iff, hLljsf]kfh{gsf] ;'lglZrtf nflu :yfgLo txsf] cfDbfgLsf] lglZrt efu hf]lvd Go"gLs/0fdf ljlgof]hg h:tf ljifo ;dfj]z x'g'kg]{ 5 . ;fy} of]hgf th'{dfsf] qmddf cg'udgsf ;"rsx? ;d]t tof/ ug'{kg]{5 . ljkbsf] pRr hf]lvddf k/]sf ;d'bfo tyf AolQmx?nfO{ k|ToIf kmfO{bf k'Ug] k|sf/sf lqmofsnfkx?nfO{ k|fyldstfsf ;fy of]hgfdf ;dfj]z u/fpg' kg]{5 . ;ldltn] of]hgf th'{df tyf sfof{Gjogdf ;xhLs/0f ug{sf nflu cg';"rL \* adf]lhd pk ;ldltsf] u7g ug{ ;Sg]5 .

v\_ of]hgf th'{df tyf ;dGjo ;ldltaf6 pkbkmf @=#=@=s\_ adf]lhd tof/ ePsf] d:of}bf of]hgfdfly lj:t[t 5nkmn ug{ :yfgLo ljkb\ tyf hnjfo' pTyfgzLn ;ldltn] ;a} If]q / ju{sf] ;d]t k|ltlglwTj x'g] u/L a[xt\ sfo{zfnfsf] cfof]hgf ug'{ kg]{5 . sfo{zfnfaf6 k|fKt k[i7kf]if0f ;d]t ;dfj]z u/L d:of}bf of]hgfnfO{ clGtd ¿k lbO{ gu/kflnsf tyf ufpFkflnsf df k]z ug'{ kg]{5 .

@=$= r/0f–$M of]hgfsf] :jLs[lt, d"nk|jfxLs/0f / sfof{Gjog

@=$=! :yfgLo ljkb\ tyf hnjfo' pTyfgzLn of]hgfsf] :jLs[lt M

:yfgLo ljkb\ tyf hnjfo' pTyfgzLn ;ldltaf6 tof/ ePsf] :yfgLo ljkb\ tyf hnjfo' pTyfgzLn of]hgfnfO{ gu/kflnsf tyf ufpFkflnsfn] cfjZos k|lqmof k"/fu/L gu/ tyf ufpF;efaf6 :jLs[t u/fpg' kg]{5 .

@=$=@ of]hgfsf] d"nk|jflxs/0fM

gu/kflnsf tyf ufpFkflnsfn] :jLs[t ljkb\ tyf hnjfo' pTyfgzLn of]hgfsf lqmofsnfkx?nfO{ k|fyldstfsf cfwf/df qmdz cfjlws, jflif{s tyf cGo of]hgf lgdf{0f k|lqmofdf d"nk|jfxLs/0f ub}{ nfg'kg{]5 . To:t}, cGo ljifout sfof{non] klg ljifout of]hgf lgdf{0fsf qmddf :yfgLo ljkb tyf hnjfo' pTyfgzLn of]hgfdf pNn]lvt lqmofsnfkx?nfO{ k|fyfldstf lbg'kg]{5 .

@=$=# ah]6 Joj:yf M

s\_ :jLs[t :yfgLo ljkb tyf hnjfo' pTyfgzLn of]hgfn] lgwf{/0f u/]sf k|fyldstf k|fKt lqmofsnfkx?nfO{ ufpFkflnsf tyf gu/kflnsfn] aflif{s of]hgf tyf sfo{qmddfIfdtf cg';f/ cfjZos ah]6 ljlgof]hg ug'{ kg]{5 .

v\_ of]hgf sfof{Gjogsf] nflu ufpFkflnsf tyf gu/kflnsfn]] lhNnf ljkb\ Joj:yfkg ;ldlt, lhNnf ;dGjo ;ldlt, ljifout sfof{no, g]kfn /]8qm; ;f];fO6L, /fli6«o tyf cGt/f{li6«o u}/;/sf/L ;+:yf, tyf bft[ lgsfo ;d]tsf] ;dGjo / ;xof]udf ah]6sf] Joj:yf ug{ ;Sg]5 .

@=$=$ M of]hgf sfof{Gjog

:jLs[t :yfgLo ljkb\ tyf hnjfo' pTyfgzLn of]hgf sfof{Gjog ug]{ lhDd]jf/L ;DalGwt ufpFkflnsf tyf gu/kflnsf] x'g]5 . of]hgf sfof{Gjog ubf{ sfo{of]hgf ;d]t tof/ ug'{kg]{5 . ufpFkflnsf tyf gu/kflnsfn] cfjZostf cg';f/ sfo{If]q adf]lhd jftj/0f tyf ljkb\ Aoj:yfkg pk ;ldlt, k"j{tof/L tyf k|ltsfo{ pk;ldlt tyf lz3|k|ltsfo{ k'g{nfe pk;ldlt, cg'udg tyf d"NofÍg pk;ldlt cGo pk;ldlt÷sfo{bnx? Uf7g u/L sfof{Gjog ug{ ;Sg]5 . o;/L pk ;ldltx? u7g ubf{ ;a} I]fq / ju{ -dlxnf, afnaflnsf, Ho]i7 gful/s, Psn dlxnf, ckfªutf ePsf JolQmx¿, blnt, cflbjf;L, hghflt, cNk;+Vos, nf]k'Gd'v, k|sf]k k|efljt, hnjfo'hGo k|efljt jf ;ªs6f;Gg ;d'bfo tyf JolQmx¿, dw];L, d'l:ndh:tf ju{sf] ;dfg'kflts ;xefuLtf ;'lglZrt ug'{ kg]{5 .

**@=%= r/0f– %M cg'udg, d"Nofª\sg / k'g/fjnf]sg**

**@=%=!** **cg'udg tyf d"Nofª\sg**

s\_ gu/kflnsf tyf ufpFkflnsfn] jflif{s gLlt tyf sfo{qmdsf] cg'udg tyf d"Nofª\sg ubf{

:yfgLo ljkb\ tyf hnjfo' pTyfgzLn of]hgf sfof{Gjogsf] ;d]t lgoldt cg'udg tyf d"Nofª\sg ug'{ kg]{5 .

v\_ ufpFkflnsfdf tyf gu/kflnsfdf f ul7t cg'udg ;ldltn] :yfgLo ljkb\ tyf hnjfo' pTyfgzLn sfo{qmdsf]] ;d]t cg'udg tyf d"Nofª\sg u/L ;'emfj ;lxtsf] k|ltj]bg ufpFkflnsf tyf gu/kflnsfdf k]; ug'{ kg]{5 . pQm k|ltj]bg ufpF jf gu/kflnsfn] 5nkmnsf nflu ufpF jf gu/ ;efdf k]; ug'{kg]{5 . o;/L cg'udg ;ldlt u7g gePsf] eP bkmf @=$=$ adf]lhd Psf pk;ldlt u7g ug'{kg]{5 .

u\_ :yfgLo ljkb\ tyf hnjfo' pTyfgzLn ;DaGwL sfo{qmdx?sf] cg'udg tyf d"Nofª\sg ubf{ :jLs[t ul/Psf cg'udg ;"rsx¿ adf]lhd ug'{ kg]{5 .

3\_ :yfgLo ljkb\ tyf hnjfo' pTyfgzLn of]hgfnfO{ sfof{Gjog ug]{ cGo ;+:yfx¿4f/f ;Dkflbt sfo{sf] ;d]t ;f]lx ;ldltn] cg'udg tyf d"Nofª\sg ug]{5, / ;f]sf] k|ltj]bg;DalGwt ;+:yf, :yfgLo tx / dGqfnodf k]z ug'{kg]{ 5 .

**@=%=@ of]hgfsf] k'g/fjnf]sg tyf cWofjlws**

s\_ ufpFkflnsf tyf gu/kflnsfsf]] s'g} klg If]qdf pTkGg ljkb\n] ;ª\s6f;Ggtf, Ifdtf / hf]lvddf kf/]sf] c;/nfO{ ;Daf]wg ug{ k|To]s jif{ of]hgf sfof{Gjogsf] cj:yfsf] k'g/fjnf]sg tyf ;ldIff u/L jflif{s sfo{qmd tyf of]hgf tof/ ug'{ kg]{5 .

v\_ :yfgLo ljkb\ tyf hnjfo' pTyfgzLn sfo{nfO{ k|efjsf/L agfpg k|To]s kfFr jif{df of]hgfsf] a[xt\ k'g/fjnf]sg u/L cWofjlws ug'{ kg]{5 .

efu —# M ljljw

**#=!= ;ª\3Lo dfdLnf tyf :yfgLo ljsf; dGqfnosf] lhDd]jf/L**

-s\_ :yfgLo ljkb\ tyf hnjfo' pTyfgzLn sfo{qmdnfO{ ljsf;sf gLlt, of]hgf / sfo{qmddf d"nk|jfxLs/0f ug{ cfjZos kxn ug']{ .

-v\_ :yfgLo ljkb\ tyf hnjfo' pTyfgzLn of]hgf th'{df tyf sfof{Gjogsf nflu cfjZos kg]{ ;Dks{ Pj+ ;dGjo :yflkt ug]{

-u\_ :yfgLo ljkb\ tyf hnjfo' pTyfgzLn of]hgf sfof{Gjogsf nflu ;DalGwt lgsfodf d"nk|jflxs/0f / ah]6 ljlgof]hgsf] Joj:yf ldnfpg cGo ljifout dGqfno, u}/ ;/sf/L lgsfo tyf lghL If]q;Fu ;dGjo ug{] .

-3\_ :yfgLo ljkb\ tyf hnjfo' pTyfgzLn of]hgf th'{df tyf sfof{Gjogsf nflu :yfgLo txdf cfjZos kg]{ hgzlQmsf] Ifdtf ljsf; sfo{qmd ;~rfng ug]{, ;f] sfo{df :yfgLo tx, lhNNff ;dGjo ;ldlt, lhNnf ljkb\ Joj:yfkg ;ldlt tyf ljsf; ;fFem]bf/ ;+:yfx?nfO{ pTk|]l/t ug]{ . ª\_ :yfgLo ljkb\ tyf hnjfo' pTyfgzLn sfo{qmdsf] k|efjsf/Ltf d"Nofª\sg ug]{ .

#=@ k|b]z dGqfnosf] lhDd]jf/L

s \_ ljkb\ k"j{tof/Lsf nflu ;DalGwt lgsfo tyf :yfgLo ljkb\ Joj:yfkg ;ldltsf] sfo{;~rfngdf k|efjsfl/tf Nofpgsf cfjZos ;xhLs/0f / ;dGjo ug]{ .

v\_ k|b]z dGqfnon] cfkm\gf] sfo{If]q cGt{utsf :yfgLo lgsfosf] ljkb\ Joj:yfkg ;DalGw sfo{sf nflu ah]6 Aoj:yfkgsf nflu ;dGjo jf ;xof]u ug]]{

u\_ k|b]z dGqfnon] cfkm\gf] sfo{If]q cGt{utsf :yfgLo lgsfosf] ljkb\ Joj:yfkg ;DalGw ;Dk"0f{ sfo{sf]] cg'udg tyf d"NofÍg ug]{ .

#=$ k|b]z ljkb\ Joj:yfkg ;ldltsf] lhDd]jf/L

s\_ ljkb\ k"j{tof/L tyf hf]lvd Go'gLs/0fsf nflu ;DalGwt lgsfo tyf :yfgLo ljkb\ Joj:yfkg ;ldltsf] sfo{;~rfngdf k|efjsfl/tf Nofpgsf cfjZos ;xhLs/0f / ;dGjo ug]{ .

v\_ k|b]z ljkb\ Joj:yfkg ;ldltn] cfkm\gf] sfo{If]q cGt{utsf :yfgLo lgsfosf] ljkb\ Joj:yfkg ;DalGw sfo{sf nflu ah]6 Aoj:yfkgsf nflu ;xof]u ug]]{

u\_ k|b]z ljkb\ Joj:yfkg ;ldltn] cfkm\gf] sfo{If]q cGt{utsf :yfgLo lgsfosf] ljkb\ Joj:yfkg ;DalGw Ifdtf ljsf;sf ;fy} ;Dk"0f{ sfo{sf]] cg'udg tyf d"NofÍg ug]{ .

#=# lhNnf ljkb\ Joj:yfkg ;ldltsf] lhDd]jf/L

s\_ ljkb\ k"j{tof/L tyf hf]lvd Go'gLs/0f tyf ljkb\ k|ltsfo{sf nflu :yfgLo ljkb\ Joj:yfkg ;ldltnfO{ cfjZos ;dGjo, ;xhLs/0f tyf ;xof]u ug]{ .

v\_ lhNnf ljkb\ Joj:yfkg ;ldltn] cfkm\gf] sfo{If]q cGt{utsf :yfgLo lgsfosf] ljkb\ Joj:yfkg ;DalGw sfo{sf nflu ah]6 Aoj:yfkgsf nflu ;xof]u ug]]{

u\_ lhNnf ljkb\ Joj:yfkg ;ldltn] lhNnf cGt{utsf :yfgLo lgsfosf] ljkb\ Joj:yfkg ;DalGw Ifdtf ljsf;sf ;fy} ljkb\ Joj:yfkgsf ;Dk"0f{ sfo{sf]] cg'udg tyf d"NofÍg ug]{ .

**#=@ Hfg;+Vof tyf jftfj/0f dGqfnosf] lhDd]jf/L**

-s\_ :yfgLo ljkb\ tyf hnjfo' pTyfgzLn sfo{qmdnfO{ gLlt, of]hgf / sfo{qmddf d"nk|jfxLs/0f ug{ cfjZos Ifdtf ljsf;sf sfo{qmdx? ;+rfng ug{ ;dGjo / ;xlhs/0f ug]{ .

v\_ ;ª\3Lo dfldnf tyf :yfgLo ljsf; dGqfno;+usf] ;dGjodf :yfgLo ljkb\ tyf hnjfo' pTyfgzLn of]hgf th'{df tyf sfof{Gjogsf nflu cfjZos k|fljlws ;xof]u pknAw u/fpg] .

u\_ hnjfo' kl/jt{g k'gM :yfkgf;Fu ;DalGwt lbuf] ljsf;sf nIox? xfl;n ug{ cfjZos ;xof]u pknAw u/fpg] .

3\_ hnjfo' kl/jt{gsf] sf/0fn] ljleGg If]qx?df kg]{ c;/x?sfaf6 k'gM:yfkgf tyf pTyfgzLn ug]{ sfox?sf] nflu pknAw ePsf] 1fg, ljlw / k|fljlwsx?sf] cfjZostf cg';f/ hfgsf/L u/fpg ;dGjo / ;xhLs/0f ug]{ .

#=# **lhNnf ;dGjo ;ldltsf] lhDd]jf/L**

-s\_ gu/kflnsf tyf ufpFkflnsfdf sfo{/t sd{rf/L tyf :yfgLo ljkb\ tyf hnjfo' pTyfgzLn ;ldltsf kbflwsf/Lx¿sf nflu ljkb\ hf]lvd Joj:yfkg (Disaster Risk Management) tyf hnjfo' kl/jt{g cg's'ng ;DaGwL cled'vLs/0f sfo{qmd ;~rfng ug]{ Aoj:yf ldnfpg] .

-v\_ ljkb\ hf]lvd Joj:yfkg tyf hnjfo' kl/jt{g cg's'ngsf] If]qdf lhNnfdf sfo{ ug]{ lhNnf ;dGjo ;ldlt, lhNnf k|zf;g sfof{no nufotsf ljleGg ljifout sfof{no, u}x| ;/sf/L ;ª\3;+:yf / ;f] cGt{ut /x]sf bIf hgzlQm tyf :jtGq lj1x¿sf] ;d"x (Roster) tof/ ug]{ . o;/L tof/ kf/LPsf hgzlQmsf] kl/rfngdf :yflgo ljkb\ tyf hnjfo' pTyfgzLn ;ldltsf] Ifdtf clea[l4 u/Lg] 5 .

-u\_ :yfgLo ljkb\ tyf hnjfo' pTyfgzLn of]hgf th'{df tyf sfof{Gjogsf] qmddf lhNnf leqsf ufpFkflnsf / gu/kflnsf tyf cGo ;+3;+:yfx?;+u ;dGjo tyf ;Dks{ ug]{ .

-3\_ :yfgLo ljkb\ tyf hnjfo" pTyfgzLn of]hgfdf pNn]lvt of]hgfx?nfO{ pRr k|fyldstfsf ;fy jh]6 ljlgof]hg tyf sfof{Gjogsf nflu k|f]T;fxg ug]{ .

-ª\_ lhNnf l:yt cGo ljifout sfof{no tyf cGo u}/;/sf/L lgsfo, lghL If]q, /]8qm; cleofgsf cª\unufotnfO{ :yfgLo ljkb\ tyf hnjfo' pTyfgzLn of]hgfdf pNn]lvt lqmofsnfkx?nfO{ jh]6 ;lxt k|fyldstfsf ;fy d"nk|jflxs/0f ug{ ;dGjosf/L e"ldsf v]Ng' kg]{ .

-r\_ lhNnfleqsf :yfgLo txdf ;~rflnt ljkb\ tyf hnjfo' pTyfgzLn;DaGwL sfo{qmdsf] cg'udg tyf d"Nofª\sg ug]{ .

-5\_ lhNnfdf ljkb\ tyf hnjfo' pTyfgzLntf ;DaGwL sfo{df ;+nUg u/};/sf/L ;ª\3;+:yf tyf lghL If]qsf] sfo{qmddf cfjZostf cg';f/ ;dGjo tyf ;xhLs/0f ug]{ .

**#=$ cGo lgsfox?sf] lhDd]jf/L**

-s\_ cGo ;/sf/L lgsfox?

:yfgLo txdf ;+rflnt ;/sf/L tyf cw{—;/sf/L sfof{nox?n] jflif{s of]hgf tyf sfo{qmddf :yfgLo ljkb\ tyf hnjfo' pTyfgzLn sfo{qmdx?nfO{ jh]6 ;lxt k|fyldstfsf ;fy ;dfj]z u/L sfo{Gjog ug'{kg]{ . :yfgLo txdf ljkb\ tyf hnjfo' pTyfgzLntf ;Fu ;DalGwt sfo{qmd ;+rfng ubf{ ;DalGwt :yfgLo tx;Fu ;dGjo ul/ k|:t't of]hgfsf] k|fyldstfsf] If]qdf sfo{qmd th'{df ul/ u/fpg'k5{ .

-v\_ u}/ ;/sf/L ;+:yf jf bft[ lgsfo

:yfgLo txleq sfo{qmd ;+rfng ug]{ u}/ ;/sf/L ;+:yf jf bft[ lgsfon] :yfgLo ljkb\ tyf hnjfo' pTyfgzLntf of]hgf cg'?ksf sfo{qmd tof/ u/L ufpF tyf gu/;efaf6 sfo{qmd :jLs[t u/fO{ sfof{Gjog ug'{kg]{ . pQm sfo{qmdsf] sfof{Gjog k|ltj]bg tof/ u/L :yfgLo txdf k]z ug'{kg]{ .

-u\_ lghL If]q

lghL If]qn] :yfgLo txdf ljkb\ tyf hnjfo' pTyfgzLn ;DalGw sfo{qmd ;+rfng ubf{ ;DalGwt :yfgLo txn] tf]s]sf] k|lqmof k'/f ug'{ kg]{ .

**#=% lgb]{lzsfsf] sfof{Gjog**

s\_ :yfgLo txdf ;~rfng x'g] ljkb\ tyf hnjfo' pTyfgzLn ;DaGwL ;Dk"0f{ of]hgf tyf sfo{qmdx¿ ;DalGwt ;a} ;/f]sf/jfnf lgsfo, ;F3;+:yf tyf ;d'bfodf cfwfl/t ;+:yfx¿n] ;d]t o;} lgb]{lzsf adf]lhd ;~rfng ug'{ kg]{5 .

v\_ :yfgLo txdf th'{df tyf sfof{Gjog x'g] ljkb\ tyf hnjfo' pTyfgzLn ;DaGwL ;a} sfo{qmdnfO{ :yfgLo lgsfosf] ljsf; of]hgfsf] kl/k"/s x'g] u/L ;~rfng ug'{kg]{5 .

u\_ \_ o; lgb]{lzsfdf ePsf d"ne"t l;4fGtsf] kfngf x'g] u/L sfo{qmd th'{df tyf sfof{Gjog ug'{ u/fpg' ;DalGwt ;a}sf] st{Jo x'g]5 .

3\_ ljifout dGqfno tyf lgsfo, ljsf; ;fem]bf/ ;ª\3;+:Yff, lghL If]q, ;~rf/If]q tyf gful/s ;dfh;Fu ;xsfo{ u/L ljz]if p2]Zo xfl;n ug{sf nflu ePsf] ;Demf}tf adf]lhd sfo{qmd sfof{Gjog ug{ u/fpg o; lgb]{lzsfn]] afwf k'¥ofPsf] dflgg] 5}g .

**#=^ yk36 / x]/km]/**

-s\_ o; lgb]{lzsf sfof{Gjogsf qmddf s'g} afwf c8\rg cfOk/]df To:tf] afwf c8rg km'sfpg] k|of]hgsf nflu dGqfnon] cfjZostf cg';f/ JofVof, yk36, ;+zf]wg jf x]/km]/ ug{ ;Sg]5 .

-v\_ ;DalGwt ;efaf6 :jLs[t ePkl5 :yfgLo ljkb\ tyf hnjfo" pTyfgzLn of]hgf nfu" x'g]5 . of]hgfdf pNn]lvt Aoj:yfx?sf] sfof{Gjogsf qmddf s'g} ;d:of b]lvPdf :yfgLo txn] cfjZostf cg';f/, yk36, ;+zf]wg jf x]/km]/ ug{ ;Sg]5 .

**#=& vf/]hL / arfp**

s\_ :yfgLo ljkb\ hf]lvd Aoj:yfkg of]hgf th'{df lgb]{lzsf @)^\* vf/]h ul/Psf] 5 . pQm lgb]{lzsf cg';f/ eP u/]sf sfo{x? o;} lgb]{lzsf adf]lhd eP u/]sf] dflgg] 5 .

cg';"rL–!

-bkmf @=!=@ ;Fu ;DalGwt\_

:yfgLo ljkb\ tyf hnjfo' pTyfgzLn ;ldltsf] ;+/rgf

|  |  |  |  |
| --- | --- | --- | --- |
| qm= ;+= | k|ltlglwTj | Kfb | s}lkmot |
| != | ufpFkflnsfsf] cWoIf ÷gu/kflnsf k|d'v – | cWoIf | ufpFkflnsf tyf gu/kflnsfn] :yfgLo ljkb\ tyf hnjfo' pTyfgzLn ;ldltsf] ;+/rgfdf cfjZostf cg';f/ kl/dfh{g ug{ ;Sg]5g\ . ;ldltsf kb]g ;b:oafx]s dgf]lgt ;b:osf] kbfjlw a9Ldf b'O{ jif{sf] x'g] Joj:yf ldnfpg' kg]{5 .  --s|= ;+ \* gDa/sf] xsdf dlxnf, afn Snj jf ;+hfn, jfnjflnsf, o'jf, lzIfs tyf ckfËtf ePsf JolQmx?, Ho]i7 gful/s, / blntnfO{ k|fyldstf lbg'kg]{5 . \_ |
| @ | pkfWoIf jf pk–k|d'v | pkfWoIf |
| # | k|d'v k|zf;sLo clws[t | ;b:o |
| $ | j8fWoIfx? ;a} | ;b:o |
| % | ufpFkflnsf tyf gu/kflnsfn] tf]s]sf] ljifout zfvfsf k|d'vx? | ;b:o |
| ^ | :yfgLo txdf /x]sf ;"/Iff lgsfosf k|d'vx? | ;b:o |
| & | :yfgLo g]kfn /]8qm; ;f];fO6Lsf k|d'v | ;b:o |
| \* | ufpF÷gu/ sfo{kflnsfn] dgf]lgt u/]sf] :yfgLo u}/;/sf/L ;+:yfsf] tkm{af6 – slDtdf ! hgf dlxnf  ;lxt # hgf | ;b:o |
| ( | :yfgLo:t/df pknAw ljkb\ Joj:yfkg ;DaGwL lj1dWo] ufpFkflnsf÷ gu/kflnsfn] dgf]gog u/]sf - @ hgf | ;b:o |
| !) | :yfgLo pwf]u afl0fHo ;F3sf] k|dv tyf k|ltlglw | ;b:o |  |
| !! | ufpF÷gu/kflnsfsf] ljkb\ Joj:yfkg zfvfsf] k|d'v | ;b:o ;lrj |  |

cg';"rL–@ u7g k|ls|ofM

-bkmf @=!=# ;Fu ;DalGwt\_

of]hgf th'{df tyf ;dGjo ;ldltsf] ;+/rgf

|  |  |  |  |
| --- | --- | --- | --- |
| qm= ;+= | k|ltlglwTj | kb | s}lkmot |
| != | ufpF÷gu/kflnsf pkfWoIf÷pkk|d'v | ;+of]hs | ;ldltn] cfjZostf cg';f/ ;DalGwt If]qsf laifo lj1 jf laifout zfvf dxfzfvf÷sfof{no k|d'vnfO{ of]hgf th'{df sfo{df cfdGq0f ug{ ;lsg] . |
| @ | k|d'v k|zf;sLo clws[t | ;b:o |
| # | laifout If]qx]g]{ sfo{kflnsfsf ;b:ox? | ;b:o |
| $ | ufpF÷gu/kflnsfsf] ljkb\ hf]lvd Aoj:yfg x]g]{ zfvf jf dxfzfvf k|d'v | ;b:o ;lrj |

cg';"rL–#

-bkmf @=!=$ ;Fu ;DalGwt\_

j8f ljkb\ tyf hnjfo' pTyfgzLn ;ldltsf] ;+/rgf

|  |  |  |  |
| --- | --- | --- | --- |
| qm= ;+= | k|ltlglwTj | kb | s}lkmot |
| != | j8fsf] cWoIf | cWoIf |  |
| @ | j8f ;b:ox? | ;b:o |
| # | ljifout zfvfsf k|d'vJff k|ltlglw | ;b:o |
| $ | j8fdf /x]sf ;"/Iff lgsfosf k|d'vx? | ;b:o |
| % | :yfgLo g]kfn /]8qm; ;f];fO6Lsf, u}/ ;/sf/L ;F:yfsf tkm{af6 Pshgf dlxnf ;lxt @ k|ltlglw | ;b:o |
| ^ | j8f ;lrj | ;b:o ;lrj |  |

cfjZostfsf] cfwf/df j8f cWoIfn] lj1 tyf cGo dlxnf, afn Snj jf ;+hfn, jfnjflnsf, o'jf, lzIfs tyf ckfËtf ePsf JolQmx?, Ho]i7 gful/s, / blnt;Fu ;DalGwt ;F:yfsf k|ltlglw cfdGq0f ug{ ;lsg]5 .

;d'bfo :t/df klg ;fd'bflos ljkb tyf hnjfo" pTyfgzLn ;ldltsf] u7g ug{ ;lsg] 5 .

cg';"rL–$

-bkmf @=!=$ ;Fu ;DalGwt\_

:yfgLo ljkb\ tyf hnjfo' pTyfgzLn of]hgf th'{df ;DaGwL tflndsf] ljifoj:t'

|  |  |  |
| --- | --- | --- |
| **tflnd ;q** | **sfo{qmd** | **;do** |
| **klxnf] lbg** | | **^ 306f** |
| ) | ;xefuL cfudg÷btf{ | ) |
| ! | tflndsf] p2]Zo, ;xefuLaLr kl/ro, tflndsf lgod / ;d"x lgdf{0f | #) ldg]6 |
| @ | ljkb\ Joj:yfkg / hnjfo' pTyfgzLntfdf k|of]u x'g] zAbfjnL | !M)) 306f |
| # | k|sf]k, ljkb\ / hnjfo' kl/jt{gsf] kl/ro, k|sf/, sf/0f / k|efj | !M)) 306f |
| $ | ljkb\ Joj:yfkg / hnjfo' kl/jt{g cg's'ngM cfjZostf tyf dxTj / ljkb\ Joj:yfkg rqm | !M)) 306f |
| % | ;xeflutfd"ns / ;dfj]zL ljkb\ Joj:yfkg -ckfª\utf, dlxnf, hghftL, hf]lvddf /x]sf ;d'bfoafnaflnsf / h]i7 gful/s s]lGb|t\_ | !M)) 306f |
| ^ | ;d'bfodf cfwfl/t ljkb\ tyf hnjfo' pTyfgzLn cjwf/0ff / e";+j]bgzLn hf]lvd of]hgf | #) ldg]6 |
| & | ljkb\ Joj:yfkg tyf hnjfo' kl/jt{g cg's'ngsf] If]qdf /x]sf ljBdfg gLltut Joj:yf / ;+rgf | ! 306f |
| **bf];|f] lbg** | | **& 306f** |
| \* | :yfgLo ljkb\ hf]lvd Joj:yfkg of]hgf, p2]Zo, dxTj / th'{df k|lqmof | !M#) 306f |
| ( | ;ª\s6f;Ggtf, Ifdtf / hf]lvd ljZn]if0fsf] cjwf/0ff, k|lqmofaf/] hfgsf/L | #) ldg]6 |
| !) | ;d'bfodf cfwfl/t ljkb\ hf]lvd Joj:yfkgsf cf}hf/ tyf ljlwx¿ | @M)) 306f |
| !! | ljkb n]vfhf]vf dfu{bz{g k|of]u ljlw, r/0fx? tyf cf}hf/x? ;DalGw hfgsf/L | !M)) 306f |
| !@ | ;ª\s6f;Ggtf tyf Ifdtf ljZn]if0f k|ltj]bgsf] 9fFrfaf/] 5nkmn | #M)) 306f |
|  |  |  |
| **t];|f] lbg** | | **^ 306f** |
| !# | ;ª\s6f;Ggtf tyf Ifdtf ljZn]if0fsf cf}hf/x?sf] lkmN8 cEof;  sf] cg'ej cfbfg k|bfg | ! 306f |
| !$ | ;ª\s6f;Ggtf tyf Ifdtf ljZn]if0fsf cf}hf/x?sf] lkmN8 cEof; | # 306f |
| !% | cEof;sf] glthf n]vg / k|ltj]bg tof/Lsf nflu ;d"x sfo{ | @ 306f |
| **Rff}yf] lbg** | |  |
| !^ | cEof;sf] glthf n]vg / k|ltj]bg tof/Lsf nflu ;d"x sfo{ | # 306f |
| !& | k|ltj]bg k|:t'lt tyf 5nkmn / ;xdtL | @ 306f |
| !\* | sfo{of]hgf tof/L / ;dfkg . | ! 306f |

cg';"rL–%

-bkmf @=@=! ;Fu ;DalGwt\_

;ª\s6f;Ggtf / Ifdtf ljZn]if0f cf}hf/x¿

**!= P]ltxfl;s ;do/]vf ljZn]if0f kmf/d -ljut #) jif{sf] ljj/0f lng]\_ M**

;d'bfo / gu/kflnsf tyf ufpFkflnsfleq ljutdf s'g k|sf]kaf6 s:tf] ljklQ k/]sf] lyof] eGg] hfgsf/L lng ljkb\sf] P]ltxfl;s ;do/]vf tof/ ul/G5 . o;af6 k|sf]ksf] bf]xf]l/g] k|j[lQ, To;n] k'¥ofpg] ef}lts, ;fdflhs, cfly{s, dfgjLo jf k|fs[lts Iflt tyf k|efjsf] af/]df hfgsf/L PsLs[t ug{ ;lsG5 . o; ljlwsf] k|of]u ubf{ ljz]if u/L h]i7 gful/s;+u 5nkmn ug'{ kb{5 . o;sf] nflu lgDgadf]lhdsf] kmf/d k|of]u ug'{k5{M

ufpFkflnsf÷gu/kflnsf M j8f M

|  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- |
| **ljkb\** | **;fn / dlxgf** | **:yfg** | **ef}lts Iflt** | **;fdflhs Iflt** | **cfly{s Iflt** | **dfgjLo Iflt** | **k|fs[lts Iflt** | **;"rgf k'i6\ofOsf] ljlw** |
| pbfx/0fM  af9L | @)#), >fj0f | dfemL ufpF | # k'n aufPsf], % 3/ eTs]sf] | /fwfs[i0f dlGb/sf] leQf eTsfPsf],  c:yfoL lzlj/df a:g] qmddf @ kl/jf/ aLr em}emu8f ePsf], dlxnf lxF;f, jfnjflnsf lx+;fsf s'/f, rf]/L, n'6kf6, | ! ls/fgf k;n aufPsf] | $ dflg;sf] d[To", @ dflg;sf] kf}8g] qmddf xft efFlrPsf] | #! ljufxf wfg v]tdf k6fgL -? #) nfv a/fa/sf] wfg afnL gi6\_, $ ljufxf s6fgL -?= !) nfv a/fa/sf] Iflt\_ | lhNnf b}jL k|sf]k p4f/ ;ldltsf] k|ltj]bg |
| e"sDk |  |  |  |  |  |  |  |  |

**gf]6M**

**ef}lts >f]tM** k'n, ;8s,afFw,ljBfno ejg,db/;f,;'/lIft cfjf; tyf :yfg,;fd'bflos rkL{,;~rf/sf ;fwg,oftfotsf ;fwg,k"j{;"rgf k|0ffnL, nfOkm Hofs]6, 8'+uf cflb

**dfgj ;+;wgM** cfwf/e"t vf]h tyf p4f/ tflnd k|fKt hgzlQm, lhNnf ljkb\ k|ltsfo{;DaGwL tflnd k|fKt hgzlQm, tflnd k|fKt kf}8Lafh, tflnd k|fKt :jo+;]js,u|fdL0f dlxnf :jf:Yo sfo{stf{, tflnd k|fKt s[lif k|fljlws, k|lzIfs, sd{rf/L, :jo+;]js,l;sdL{ cflb

**;fdflhs ;|f]tM** ;fd'bflos ejg, kf6L kf}jf, vfg]kfgL ljt/0f wf/f, d7 dlGb/ cflb

**;fdflhs ;+/rgfM** dlxnf÷cfdf ;d"x, cfocfh{gdf ;lqmo dlxnf ;d"x, lg0f{o txdf ePsf dlxnf, z}lIfs cj:yf, ckfËtf ePsf JolQmx?sf :jfjnDjg ;d'xx? -d÷k'\_ cflb

**cfly{s ;|f]tM** Jofkf/ Joj;fo, pBf]u snsf/vfgf, gf]s/L, art ;d"x, ljkb\ Joj:yfkg sf]if, Aofª\s tyf ljQLo ;+:yf cflb

**k|fs[lts ;|f]tM** v]tLof]Uo e"ld, cGo -pNn]v ug'{ kg]{5\_, lghL tfn tn}of, k|fs[lts wf/f jf d"n, s'jf, gbLgfnf, tfn tyf kf]v/L, l;FrfOsf] ;fwg / ;|f]t, jghª\un -x]S6/ jf /f]kgL\_ cflb

**@= k|sf]k :t/Ls/0f M**

;d'bfodf ljutdf ePsf / eljiodf cfOkg{ ;Sg] k|sf]k tyf hnjfo'hGo 36gf / hgwgsf] Iflt tyf pknAw Ifdtfsf cfwf/df k|sf]ksf] ;"rL tof/ u/L w]/} Iflt ug]{ k|sf]k klxrfg u/L :t/Ls/0f ug'{ kg]{5 . ;d'bfo / j8fsf cnu–cnu ;"rLnfO{ PsLs[t u/]/ gu/kflnsf tyf ufpFkflnsfleq x'g] k|sf]ksf] ;"rL / :t/Ls/0f ug{ lgDgadf]lhdsf] tflnsf k|of]u ug'{k5{ M

|  |  |  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| k|sf]k | klx/f] | af9L | cfunfuL | x'/Latf; | dxfdf/L | e"sDk | lxdtfn ljikmf]6 | zLtnx/ | hgfj/ cftª\s | ;8s b"3{6gf |
| klx/f] |  |  |  |  |  |  |  |  |  |  |
| af9L |  |  |  |  |  |  |  |  |  |  |
| cfunfuL |  |  |  |  |  |  |  |  |  |  |
| x'/Latf; |  |  |  |  |  |  |  |  |  |  |
| dxfdf/L |  |  |  |  |  |  |  |  |  |  |
| lxdtfn lj:kmf]6 |  |  |  |  |  |  |  |  |  |  |
| zLtnx/ |  |  |  |  |  |  |  |  |  |  |
| hgfj/ cftª\s |  |  |  |  |  |  |  |  |  |  |
| ;8s b"3{6gf |  |  |  |  |  |  |  |  |  |  |
| …. |  |  |  |  |  |  |  |  |  |  |
| …. |  |  |  |  |  |  |  |  |  |  |
| hDdf cª\s |  |  |  |  |  |  |  |  |  |  |
| :t/ |  |  |  |  |  |  |  |  |  |  |

gf]6 M g]kfn e"sDksf] pRr hf]lvddf /x]sf] d'n's x'Fbf k|sf]k :t/Ls/0f ubf{ e"sDknfO{ t'ngfdf g/fvL klxnf] gDa/sf] k|sf]ksf] ?kdf k|fyldstfdf /fvL of]hgf th'{df ug'{ kg]{ x'G5 .

**#= k|sf]k, df};dL tyf afnL kfqf] M**

;d'bfo j8f x'Fb} gu/kflnsf tyf ufpFkflnsfleq s'g ;dodf s'g k|sf]k x'G5 eg]/ kQf nufO{ To;sf] ;do/]vf tof/ ug'{k5{ h;nfO{ k|sf]k kfqf] elgG5 . o;sf] nflu lgDgadf]lhdsf] tflnsf tof/ ug'{k5{ M

**#=! k|sf]k kfqf]M**

|  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| k|sf]k |  | j}zfv | h]7 | c;f/ | ;fpg | ebf} | c;f]h | sflQs | dª\l;/ | k'; | df3 | kmfu'g | r}t |
| af9L | klxn] -#) aif{\_ |  |  |  |  |  |  |  |  |  |  |  |  |
|  | clxn] |  |  |  |  |  |  |  |  |  |  |  |  |
| klx/f] | klxn] |  |  |  |  |  |  |  |  |  |  |  |  |
|  | clxn] |  |  |  |  |  |  |  |  |  |  |  |  |
| cfunfuL | klxn] |  |  |  |  |  |  |  |  |  |  |  |  |
|  | clxn] |  |  |  |  |  |  |  |  |  |  |  |  |
| x'/Latf; | klxn] |  |  |  |  |  |  |  |  |  |  |  |  |
|  | clxn] |  |  |  |  |  |  |  |  |  |  |  |  |
| dxfdf/L -x}hf, emf8fkvfnf, ?3fvf]sL\_ | klxn] |  |  |  |  |  |  |  |  |  |  |  |  |
|  | clxn] |  |  |  |  |  |  |  |  |  |  |  |  |
| e"sDk | klxn] |  |  |  |  |  |  |  |  |  |  |  |  |
|  | clxn] |  |  |  |  |  |  |  |  |  |  |  |  |
| …. | klxn] |  |  |  |  |  |  |  |  |  |  |  |  |
|  | clxn] |  |  |  |  |  |  |  |  |  |  |  |  |

**#=@ df};dL kfqf]M**

|  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| ljj/0f |  | j}zfv | h]7 | c;f/ | ;fpg | ebf} | c;f]h | sflQs | dª\l;/ | k'; | df3 | kmfu'g | r}t |
| dg;'g jiff{ | klxn] -#) aif{\_ |  |  |  |  |  |  |  |  |  |  |  |  |
|  | clxn] |  |  |  |  |  |  |  |  |  |  |  |  |
| lxpFb] jiff{ | klxn] |  |  |  |  |  |  |  |  |  |  |  |  |
|  | clxn] |  |  |  |  |  |  |  |  |  |  |  |  |
| cfunfuL | klxn] |  |  |  |  |  |  |  |  |  |  |  |  |
|  | clxn] |  |  |  |  |  |  |  |  |  |  |  |  |
| udL{ | klxn] |  |  |  |  |  |  |  |  |  |  |  |  |
|  | clxn] |  |  |  |  |  |  |  |  |  |  |  |  |
| hf8f] | klxn] |  |  |  |  |  |  |  |  |  |  |  |  |
|  | clxn] |  |  |  |  |  |  |  |  |  |  |  |  |
| cl;gf | klxn] |  |  |  |  |  |  |  |  |  |  |  |  |
|  | clxn] |  |  |  |  |  |  |  |  |  |  |  |  |
| t';f/f] | klxn] |  |  |  |  |  |  |  |  |  |  |  |  |
|  | clxn] |  |  |  |  |  |  |  |  |  |  |  |  |
| lxpF kg]{ | klxn] |  |  |  |  |  |  |  |  |  |  |  |  |
|  | clxn] |  |  |  |  |  |  |  |  |  |  |  |  |
| …. | klxn] |  |  |  |  |  |  |  |  |  |  |  |  |
|  | clxn] |  |  |  |  |  |  |  |  |  |  |  |  |

#=# afnL / jg:klt kfqf]M

jfnL / jg:klt kfqf] tof/ ubf{ ;d'bfosf] k|d'v # jfnL jf jg:klt;Fu ;DalGwt ljleGg lqmofsnfkx? s'g s'g ;dodf ul/G5 egL kQf nufpg lgDg adf]lhdsf] tflnsf k|of]u ug{ ;lsG5 .

|  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| ljj/0f |  | j}zfv | h]7 | c;f/ | ;fpg | ebf} | c;f]h | sflQs | dª\l;/ | k'; | df3 | kmfu'g | r}t |
| wfgsf] jLp nufpg] | klxn] -#) aif{\_ |  |  |  |  |  |  |  |  |  |  |  |  |
| clxn] |  |  |  |  |  |  |  |  |  |  |  |  |
| wfg /f]Kg] | klxn] -#) aif{\_ |  |  |  |  |  |  |  |  |  |  |  |  |
| clxn] |  |  |  |  |  |  |  |  |  |  |  |  |
| wfg sf6\g] | klxn] |  |  |  |  |  |  |  |  |  |  |  |  |
| clxn] |  |  |  |  |  |  |  |  |  |  |  |  |
| lj?jfsf] km"n / kmn nfUg] ;do | klxn] |  |  |  |  |  |  |  |  |  |  |  |  |
| clxn] |  |  |  |  |  |  |  |  |  |  |  |  |
| ux'F 5g]{ | klxn] |  |  |  |  |  |  |  |  |  |  |  |  |
| clxn] |  |  |  |  |  |  |  |  |  |  |  |  |
| ux'F sf6\g] | klxn] |  |  |  |  |  |  |  |  |  |  |  |  |
| clxn] |  |  |  |  |  |  |  |  |  |  |  |  |
| …. | klxn] |  |  |  |  |  |  |  |  |  |  |  |  |
|  | clxn] |  |  |  |  |  |  |  |  |  |  |  |  |

**$= k|sf]k, hf]lvd tyf ;fdflhs ;|f]t gS;fª\sg / ;ª\s6f;Ggtf tyf Ifdtf klxrfg M**

j8fsf] ;ª\s6f;Ggtf / Ifdtf klxrfg ug{ j8fleq /x]sf k|fs[lts tyf u}/k|fs[lts ;fwg, ;|f]t cflb pNn]v ePsf] ;fdflhs gS;f ;d'bfosf k|ltlglwsf] k|ToIf ;xeflutfdf tof/ u/L ufpFsf] jf:tljs cj:yfsf] ljZn]if0f ug'{ kg]{5 . o;/L tof/ x'g] gS;fdf ;d'bfosf] cjl:ylt, ljleGg k|sf]kx? tyf k|sf]kn] Iflt ug{ ;Sg] lhljsf]kfh{gsf >f]tx?, vf]nf tyf gbLgfnf, kf]v/L, v]tLof]Uo hldg, af6f] tyf ;8s ;~hfnx¿, ;fd'bflos ejgx¿, ljBfno, :jf:Yo ;]jf s]Gb|x¿, jghª\un, gu/kflnsf tyf ufpFkflnsf ejg, lah'nL, v'nf / ;'/lIft cf>o :ynx¿ jf cf>o:ynsf nflu pko'Qm If]q, kSsL afFw, j[If/f]k0f ul/Psf If]q, vfg]kfgL, ;/;kmfOsf] cj:yf :ki6 ¿kdf b]vfpg' k5{ .

gS;fsf] bfofFtkm k"j{, afofFtkm{ klZrd, dflylt/ pQ/ / tnlt/ blIf0f kg]{ u/L gS;f agfpg' k5{ . ;+s6f;Gg If]qnfO{ /ftf] /+u jf /+usf] 3]/fleq, IfdtfnfO{ kx]nf]] /+u jf /+usf] 3]/fleq, gbLnfO{ lgnf], af6f]nfO{ sfnf], jgnfO{ xl/of] cflb /+un] b]vfpg ;lsg]5 eg] gS;fdf k|of]u ePsf ;"rsx?sf] ljj/0f klg gS;fsf] v'nfpg' kg]{ x'G5 . gS;f tof/ ubf{ j8f gful/s d+rsf k|ltgLwLx?,;a} If]q / ju{ -dlxnf, afnaflnsf, Ho]i7 gful/s, Psn dlxnf, ckfª\utf ePsf JolQmx¿, blnt, cflbjf;L, hghflt, cnk;+Vos, nf]k'Gd'v, k|sf]k k|efljt, hnjfo'hGo k|efljt jf ;ª\s6f;Gg ;d'bfo tyf JolQmx¿, dw];L, d'lZndh:tf ju{ Pj+ g]kfn ;/sf/n] nlIft ;d"x egL kl/eflift u/]sf ju{\_ sf] ;dfg'kflts ;xeflutf ;'lglZrt ug'{ kg]{5 . o;/L ;ª\slnt hfgsf/Lsf cfwf/df ;d'bfo / j8fsf] ;DkGgtf tyf ;ª\s6f;Ggtf :t/Ls/0f lgDgadf]lhd ug'{ kg]{5 M

**$=! j8fsf] ;DkGgtf :t/Ls/0f**

k|To]s j8fn] g]kfn ;/sf/, :yfgLo zf;g tyf ;d'bflos ljsf; sfo{qmd jf ul/lj lgjf/0f sf]if jf j8f:t/Lo :jLs[t sfo{s|d4f/f ;+slnt / ljZn]if0f ul/Psf] ;DkGgtf :t/Ls/0fsf] tYofª\ssf] cfwf/df j8fsf] ;DkGgtf :t/Ls/0f ug'{k5{ . o;/L j8fsf] ;DkGgtf :t/Ls/0f ubf{ >f]tnfO{ clgjfo{ ?kdf v'nfpg' kg]{5 .

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| j8f | ;DkGgtf :t/Ls/0f -3/w'/L ;ª\Vof\_ | | | | s}lkmot |
| clt ljkGg | ljkGg | dWod | ;DkGg |
| ! |  |  |  |  |  |
| === |  |  |  |  |  |

**$=@ j8fsf] kfl/jfl/s ;ª\s6f;Ggtf :t/Ls/0f**

j8fsf] kfl/jfl/s ;ª\s6f;Ggtf :t/Ls/0f;DaGwL tflnsf ebf{ g]kfn ;/sf/, :yfgLo zf;g tyf ;d'bflos ljsf; sfo{qmd jf ul/lj lgjf/0f sf]if jf j8f:t/Lo :jLs[t sfo{s|d4f/f ;+slnt tYof+snfO{ cfwf/ dfGg ;lsg]5 .

|  |  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| hf]lvdsf] cj:yf  -kl/jf/\_ | pRr  -========\_ | | | dWod  -========\_ | | | Go"g  -========\_ | | |
|  | dlxnf | k'?if | **hDdf** | dlxnf | k'?if | **hDdf** | dlxnf | k'?if | **hDdf** |
| pd]/ut hg;ª\Vof |  |  |  |  |  |  |  |  |  |
| )–% jif{ |  |  |  |  |  |  |  |  |  |
| ^–!@ jif{ |  |  |  |  |  |  |  |  |  |
| !#–!\* jif{ |  |  |  |  |  |  |  |  |  |
| !(–%( jif{ |  |  |  |  |  |  |  |  |  |
| ^) jif{ dfly |  |  |  |  |  |  |  |  |  |
| ckfª\utf ePsf JolQm |  |  |  |  |  |  |  |  |  |
| ue{jtL dlxnf |  |  |  |  |  |  |  |  |  |
| aRrfnfO{ b"3 v'jfpg] dlxnf |  |  |  |  |  |  |  |  |  |
| s'kf]lift afnaflnsf  *-% jif{d'gLsf\_* |  |  |  |  |  |  |  |  |  |
| s'kf]flift afnaflnsf  *-% b]lv !@ jif{\_* |  |  |  |  |  |  |  |  |  |
| hDdf |  |  |  |  |  |  |  |  |  |

**gf]6–** *k|To]s j8fsf nflu 5'6\6f 5'6\6} tflnsf k|of]u ug'{ kg]{5 .*

**$=#= ;|f]tsf] pknAwtf tyf kxF'r**

gu/kflnsf tyf ufpFkflnsf jf ;d'bfodf ePsf] Ifdtf kQf nufpg lgDgcg';f/ kmf/d k|of]u ug'{k5{ . of] kmf/d ;d'bfodf ePsf ;|f]tx¿ ;ª\sng ub}{ gu/kflnsf tyf ufpFkflnsfsf] PsLs[t Ifdtfsf] ;"rL tof/ ug'{ kg]{5 M

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| **ljj/0f** | **gfd / /x]sf] :yfg -sxfF\_** | **;ª\Vof -slt\_** | **Ifdtf** | **cj:yf** | **s}lkmot** |
| **ef}lts ;|f]t** |  |  |  |  |  |
| k'n |  |  |  |  |  |
| ;8s |  |  |  |  |  |
| afFw |  |  |  |  |  |
| ljBfno ejg |  |  |  |  |  |
| ;'/lIft cfjf; tyf :yfg |  |  |  |  |  |
| ;fd'bflos rkL{ |  |  |  |  |  |
| ;~rf/sf ;fwg |  |  |  |  |  |
| oftfotsf ;fwg |  |  |  |  |  |
| k"j{;"rgf k|0ffnL |  |  |  |  |  |
| nfOkm Hofs]6 |  |  |  |  |  |
| 8'Ëf |  |  |  |  |  |
| ………….. |  |  |  |  |  |
| **dfgj ;+;wg** |  |  |  |  |  |
| cfwf/e"t vf]h tyf p4f/ tflnd k|fKt hgzlQm |  |  |  |  |  |
| lhNnf ljkb\ k|ltsfo{;DaGwL tflnd k|fKt hgzlQm |  |  |  |  |  |
| tflnd k|fKt kf}8Lafh |  |  |  |  |  |
| tflnd k|fKt :jo+;]js |  |  |  |  |  |
| u|fdL0f dlxnf :jf:Yo sfo{stf{ |  |  |  |  |  |
| tflnd k|fKt s[lif k|fljlws |  |  |  |  |  |
| lzIfs |  |  |  |  |  |
| sd{rf/L |  |  |  |  |  |
| :jo+;]js |  |  |  |  |  |
| l;sdL{ |  |  |  |  |  |
| 8sdL{ |  |  |  |  |  |
| ………….. |  |  |  |  |  |
| ………….. |  |  |  |  |  |
| **;fdflhs ;|f]t** |  |  |  |  |  |
| ;fd'bflos ejg |  |  |  |  |  |
| kf6L kf}jf |  |  |  |  |  |
| vfg]kfgL ljt/0f wf/f |  |  |  |  |  |
| d7 dlGb/ |  |  |  |  |  |
| ………….. |  |  |  |  |  |
| ………….. |  |  |  |  |  |
| **;fdflhs ;+/rgf** |  |  |  |  |  |
| dlxnf÷cfdf ÷ckfËtf ePsf JolQmx?sf] ;d"x |  |  |  |  |  |
| cfocfh{gdf ;lqmo dlxnf ;d"x |  |  |  |  |  |
| lg0f{o txdf ePsf dlxnf |  |  |  |  |  |
| z}lIfs cj:yf -d÷k'\_ |  |  |  |  |  |
| ………….. |  |  |  |  |  |
| ………….. |  |  |  |  |  |
| **cfly{s ;|f]t** |  |  |  |  |  |
| Jofkf/ Joj;fo |  |  |  |  |  |
| pBf]u snsf/vfgf |  |  |  |  |  |
| gf]s/L |  |  |  |  |  |
| art ;d"x |  |  |  |  |  |
| ljkb\ Joj:yfkg sf]if |  |  |  |  |  |
| Aofª\s tyf ljQLo ;+:yf |  |  |  |  |  |
| ………….. |  |  |  |  |  |
| ………….. |  |  |  |  |  |
| **k|fs[lts ;|f]t** |  |  |  |  |  |
| v]tLof]Uo e"ld |  |  |  |  |  |
| cGo -pNn]v ug'{ kg]{5\_ |  |  |  |  |  |
| lghL tfn tn}of |  |  |  |  |  |
| k|fs[lts wf/f jf d"n |  |  |  |  |  |
| s'jf |  |  |  |  |  |
| gbLgfnf |  |  |  |  |  |
| tfn tyf kf]v/L |  |  |  |  |  |
| l;FrfOsf] ;fwg / ;|f]t |  |  |  |  |  |
| jghª\un -x]S6/ jf /f]kgL\_ |  |  |  |  |  |
| v]/ uO/x]sf] hldg |  |  |  |  |  |
| ………….. |  |  |  |  |  |
| ………….. |  |  |  |  |  |
| **v]tL ul/g] d'Vo afnL** | **nufpg] ;do** | **afnL yGSofpg] ;do** | **pTkfbg -d]= 6g\_** | **k|of]u ul/g] dn** | **lapsf] pknAwtf** |
| Wffg |  |  |  |  |  |
| ds} |  |  |  |  |  |
| ux'F |  |  |  |  |  |
| ………….. |  |  |  |  |  |
| ………….. |  |  |  |  |  |

*gf]6 M* ***!),))) ju{ dL jf @) /f]kgL jf #) s7\7f Ö ! x]S6/***

**%= hf]lvd / ;d:of ljZn]if0f vfsf**

gu/kflnsf tyf ufpFkflnsfleq x'g] k|sf]k, To;sf] sf/0f / k|efjsf] klxrfg ug'{ k5{ . o;sf] nflu dfly plNnlvt ;a} vfnsf k|sf]k, hf]lvdsf] klxrfg, k|sf]k x'g] dlxgf / P]ltxfl;s ;do/]vfsf] cfwf/df k|sf]ksf] cfj[lQ / To;sf] d"n sf/0f tyf ;Defljt ;dfwfgsf pkfox? s] s] x'geg]/ klxrfg u/L lgDgadf]lhdsf] 9fFrfdf n]Vg' kg]{5 M

ufpFkflnsf *.* gu/kflnsf M j8f M

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| **qm= ;+=** | **hf]lvd tyf ;d:of** | **d'n sf/0f** | **cGtlglx{t sf/s tTj** | **k|efj** | **;Defljt ;dfwfgsf pkfox?** |
|  | *ljBfno ejg af9Ln] aufpg ;Sg]* | *af9L* | *ef}uf]lns cj:yf,*  *cJojl:yt ljsf;,*  *ljsf; of]hgfdf Wofg glbg', e"Joj:yfkg* | * *Kf9fO{df cj/f]w,* * *dgf]a}1fgLs c;/,* * *afn>d* * *jfnljjfx* | * *ljBfno ;'/lIft :yfgdf :yfgfGt/,* * *a[Iff/f]k0f,* * *ljsf; of]hgfdf a[xt,* * *hgr]gtf* |
|  |  |  |  |  |  |
|  |  |  |  |  |  |
|  |  |  |  |  |  |

*gf]6 M ;d'bfodf k|sf]k, k|sf]ksf] sf/0f / k|efj klxrfg ubf{ ;d:of j[If ljZn]if0f h:tf cf}hf/sf] k|of]u ug{ ;lsg]5 .*

**^= ;+:yfut ljZn]if0f jf ;DaGw lrq**

ljkb\ k"j{sf] k"j{tof/L, /f]syfd / clNks/0f, ljkb\sf] ;dosf] k|ltsfo{ / ljkb\ kZrft\sf] k'g{:yfkgf / k'glg{df0f{ tyf hnjfo' kl/jt{g cg's'ngsf nflu cfjZos kg]{ ;]jf, ;'ljwf, ;'/Iff pknAw u/fpg] ;/sf/L lgsfo jf ;'/Iff lgsfo, g]kfn /]8qm; ;f];fO6L, :yfgLo ;:yfx¿ / cGo dfgjLo ;]jf k|bfos ;ª\3;+:yf, ljQLo ;+:yf, ;xsf/L, :jf:Yo ;]jf s]Gb|, lghL If]q cflbsf] pknAwtf, kx'Fr / ;DaGwsf] ljZn]if0f ul/G5 . of] cf}hf/n] ;d'bfosf] ;fdflhs ;DaGw / dxTjsf] dfkg u5{ . o; cf}hf/sf] k|of]uaf6 ;d'bfon] ljkb\ tyf hnjfo' pTyfgzLnsf ;Gbe{df ;fdflhs tyf ;fj{hlgs lgsfo ;Ddsf] kx'Fr s:tf] 5 eGg] ljZn]if0f ug{ ;xof]u ub{5 . ;DaGw lrq tof/ ubf{ ;/f]sf/jfnf lgsfox?sf] ;Defljt k|efjnfO{ cfwf/ dfgL j[QnfO{ 7"nf] ;fgf] b]vfpg ;lsG5 . cfk;L ;DaGwnfO{ df]6f] /]vf, kftnf] /]vf, Psf]xf]/f] bf]xf]/f] /]vfn] klg b]vfpg ;lsG5 . df]6f] /]vfn] alnof] / kftnf] /]vfn] lkmtnf]] ;DaGw hgfpg ;lsG5 . pbfx/0f :j?k lbOPsf] lgDgadf]lhdsf] ;DaGwlrq tof/ u/L o;sf] ljZn]if0faf6 k|fKt glthfnfO{ tn lbOPsf] tflnsfdf eg'{ k5{ .

|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
| **qm= ;+=** | **sfof{no ;ª\3;+:yf** | **7]ufgf** | **ef}uf]lns b"/L** | **ljkb\ tyf hnjfo' hGo hf]lvd Joj:yfkgsf nflu k|fKt x'g;Sg] ;xof]u** | | |
| s | ufpFkflnsfleq |  |  | *ljkb\ k"j{* | *ljkb\sf] ;dodf* | *ljkb\ kZrft* |
| ! | :jf:Yo rf}sL |  |  |  |  |  |
| === |  |  |  |  |  |  |
| v | ufpFkflnsfaflx/ |  |  |  |  |  |
| ! |  |  |  |  |  |  |
| === |  |  |  |  |  |  |
| u | lhNnfaflx/ |  |  |  |  |  |
| ! |  |  |  |  |  |  |
| === |  |  |  |  |  |  |
|  |  |  |  |  |  |  |

**&= tfkqmd / jiff{sf] ljZn]if0f**

hn tyf df};d lj1fg ljefuaf6 :yfkgf ul/Psf hn tyf df};d dfkg s]Gb|sf] ;+Vof, :yfg / cj:yfsf] clen]v /flv ;DalGwt ufpFkflnsf tyf gu/kflnsfsf] ljut #) aif{ cjlwsf] aiff{ / tfkqmdsf] tYofÍ k|fKt ul/ cf};t aiff{ / tfkqmddf cfPsf] kl/jt{g ljZn]if0f ul/g]5 . o; ljZn]if0fn] afl9, klx/f], v8]/L, cfunfuL, pAhgL cflbsf] kl/jt{gsf / k|efjsf af/]df k/:k/ ;DaGw ljZn]if0f ug{ d4t k'–ofpF5 . o; cGt{ut s]Gb|sf] k|sf/, :yfg, dfkg ul/g] dfkb08, k"j{;"rgf k|0ffnL, lhNnf cfktsflng sfo{;~rfng s]Gb|;+u hf]l8Psf] 5 jf 5}g / xfnsf] cj:yfsf] af/]df pNn]v ug'{kg]{5 .

**\*= nlIft ;d"x 5nkmn M**

;ª\s6f;Ggtf tyf Ifdtf ljZn]if0fsf ljleGg cf}hf/sf] k|of]af6 k|fKt ;"rgf tyf tYofª\ssf] k'g/fjnf]sg, cg'udg jf k/LIf0f / 5'6]sf ljifo kQf nufpg ;d'bfosf] ;fgf] ;d"xdf 5nkmn ug'{ g} nlIft ;d"x 5nkmn xf] . ;d'bfosf dlxnf, jfnjflnsf, ;LdfGtLs[t ju{, h]i7 gful/s, ckfª\utf ePsf JolQm, blnt, hghflt / cnk;+Vos ;d]t ;a} ju{nfO{ ;d]6]/ o;k|sf/sf] 5nkmn ug'{k5{ . o:tf] 5nkmndf ;a} ;xefuLnfO{ ;dfg ¿kn] cfkm\gf ljrf/ / egfO /fVg k|f]T;flxt ug'{k5{ . ljkb\ tyf hnjfo' kl/jt{gsf sf/0f To; j8fsf] s[lif, kz'kfng tyf vfB ;'/Iff, jg tyf h}las ljljwtf, hnjfo' hGo k|sf]k, hn;|f]t / phf{, ef}lts k"jf{fwf/, dfgj :jf:Yo cflb If]qx?df #) aif{ klxn] / xfn dx;'; ul/Psf c;/ tyf k|efa Pa+ elaiosf] cg'dfgsf af/]df 5nkmn ul/ lgDgcg';f/sf] 9fFrfdf ;"rLs[t ug'{k5{ M

uflj; M ========= ========= j8f g+= ====== ;d'bfo M==================== ;d"x M dlxnf÷ckfª\utf÷blnt cflb

|  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- |
| qm= ;+= | ;d:of  *-tn plNn]v ul/Psf a'Fbf pbfx/0f dfq x'g\\_* | #) jif{ cufl8sf] cj:yf | xfn dx;'; ul/Psf] k|efj | sf/0f | sf/s tTj | ;Defljt ;dfwfgsf pkfo | s}lkmot |
| ! | ljkb\ / ljkb\sf ;jfn |  |  |  |  |  |  |
| @ | hLljsf]kfh{g tyf vfB ;'/Iff -h:t}M pTkfbg a9\g' jf 36\g', s[lif k|0ffnL jf k|lqmofdf cfPsf] km/s, :yfgLo k|hflt x/fpg' jf gofF k|hflt k|of]udf cfpg]\_ |  |  |  |  |  |  |
| # | dfgj :jf:Yo, vfg]kfgL, ;/;kmfO tyf dxfdf/L |  |  |  |  |  |  |
| $ | jg tyf h}ljs ljljwtf -h:t} M  jf gofF k|hflt b]vf kg'{, s'g} k|hflt nf]k x'g'\_ |  |  |  |  |  |  |
| % | hn>f]t tyf phf{ -h:t}M kfgLsf d'xfgx? ;'Sg] jf gofF >f]tx? b]vf kg'{\_ |  |  |  |  |  |  |
| ^ | cGo ====-yKg ;lsg]\_ |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |

**(= :yfgLo 1fg, ;Lk, Ifdtf / k|ljlwsf] n]vfª\sg M**

o; cg';"rLdf pNn]v ePsf ;ª\s6f;Ggtf tyf Ifdtf ljZn]if0fsf cf}hf/sf] k|of]uaf6 ;d'bfodf ljkb\sf] ;fdgf ug{ ckgfpg] ul/Psf ljlwx¿sf] ;"rL tof/ u/L lgDgadf]lhdsf] vfsfdf :yfgLo 1fg, ;Lk / ljlwsf] ;"rLs/0f ug'{ kg]{5 . o;n] ljkb\sf] ;dgf ug{ eljiodf ckgfpg' kg]{ ljlwsf] klxrfg ug]{5 h;af6 :yfgLo 1fg / ;Lksf] k|a4{g ug{ ;xof]u k'Ug]5 .

|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
| qm= ;+= | ljkb\ *.* k|sf]ksf] k|sf/ | ljkb\ ePsf] jif{÷dlxgf | ljkb\klxn] ul/Psf k"j{tof/L tyf hf]lvd Go"gLs/0fsf sfo{ | | ljkb\sf] ;fdgfsf nflu ljkb\sf] ;do / kl5 ckgfOPsf ljlw | |
| JolQmut ¿kdf | ;fd'lxs ¿kdf | JolQmut ¿kdf | ;fd'lxs ¿kdf |
| ! |  |  |  |  |  |  |
| @ |  |  |  |  |  |  |
| === |  |  |  |  |  |  |

**!!= ;d'bfo tyf j8fx¿sf] ;ª\s6f;Ggtf tyf Ifdtf ljZn]if0f**

s= ;ª\s6f;Ggtf :t/Ls/0f M ljutsf] #) jif{sf] ;do /]vfaf6 cfPsf] ;"rgfsf] cfwf/df Iflt ljZn]if0f u/L Toaf6 k|fKt cª\sef/nfO{ hf]8]/ ;d'bfo / j8fsf] pRr, dWod / Go"g u/L tLg ju{df lgDgcg';f/ ;ª\s6f;Ggtf :t/Ls/0f ug'{ kg]{5 M

gu/kflnsf tyf ufpFkflnsf M =============================================================

|  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| Jf8f g+ | Dffgljo Iflt | k|efljt kl/jf/ | 3/sf] Iflt | cfly{s Iflt | v]tLof]Uo e"ld / jgIf]qsf] Iflt | ;fdflhs Iflt | ljutdf ePsf ljkb\sf 36gfs|d | jfln nufpg] jf leqfpg] ;dodf cfPsf] kl/jt{g | Tffks|sddf cfPsf] kl/jt{g | hf]lvdn] eljZodf kfg{ ;Sg] c;/ | ;|f]tsf] pknAwtf tyf kxF'r | ;+:yfut Ifdtf | Hfg;+Vofsf] ljZn]if0f | :yfgLo 1fg, ;Lk, Ifdtf / k|ljlw |
| ! |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| @ |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| # |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |

**v= ;ª\s6f;Ggtf :t/Ls/0f cª\sef/ cfwf/**

|  |  |  |  |
| --- | --- | --- | --- |
| **S|= ;+** | **;ª\s6f;Ggtf dfkgsf ;'rsx?** | **dfkg ug]{ tl/sf** | **cª\sef/** |
| ! | Dffgljo Iflt | )–! hgfsf] d[t'Ö Go'g | @ |
| @–% hgfsf] d[t'Ö dWod $ | $ |
| % eGbf a9L Ö pRr ^ | ^ |
| @ | k|efljt kl/jf/ | %) kl/jf/ Ö Go'g | ! |
| %!–!)) Ö dWod | @ |
| !)! eGbf a9L Ö pRr | # |
| # | 3/sf] Iflt | )–!) 3/sf] IfltÖ Go'g | ! |
| !!–%) Ö dWod | @ |
| %) eGbf a9L Ö pRr | # |
| $ | cfly{s Iflt | )–! nfvsf] IfltÖ Go'g | ! |
| !–%) nfvsf] IfltÖ dWod | @ |
| %) nfv eGbf a9L Ö pRr | # |
| % | v]tLof]Uo e"ld / jgIf]qsf] Iflt | % ljufxfsf] IfltÖ Go'g | ! |
| %–%) ljufxfsf] IfltÖ dWod | @ |
| %! eGbf dflysf] Iflt Ö pRr | # |
| ^ | ;fdflhs Iflt | Dfflg;, jfnjRrf x/fPdf, dlxnf lx+;fsf 36gf, rf]/L 8s}ltsf 36gf jf cGo 36gf dWo] s'g} Ps ePdf Ö Go'g | ! |
| Dfflg;, jfnjRrf x/fPdf, dlxnf lx+;fsf 36gf, rf]/L 8s}ltsf 36gf jf cGo 36gf dWo] s'g} b'j} ePdf Ö dWod | @ |
| Dfflg;, jfnjRrf x/fPdf, dlxnf lx+;fsf 36gf, rf]/L 8s}ltsf 36gf jf cGo ;dflhs ck/fwsf 36gf ;j} ePdf Ö pRr | # |
| & | ljutdf ePsf ljkb\sf 36gfs|d | !–@ ljkb\ ePsf] Ö Go'g | ! |
| @–% ljkb\ ePsf] Ö dWod | @ |
| % eGbf j9L ljkb\ ePsf] Ö pRr | # |
| \* | jfln nufpg] jf leqfpg] ;dodf cfPsf] kl/jt{g | !) lbg eGbf sd Ö Go'g | ! |
| !)–@) lbg ;Dd Ö dWod | @ |
| @) lbg eGbf a9L Ö pRr | # |
| ( | Tffks|sddf cfPsf] kl/jt{g | dxz'; ePsf] Ö Go'g | ! |
| dxz'; ePsf] t/ c;/ sd b]lvPsf] Ö dWod | @ |
| jfln, jg:klt nf]k ePsf] Ö pRr | # |
| !) | hf]lvdn] eljZodf kfg{ ;Sg] c;/ | Vff]nf, klx/f] glhs /x]sf] jl:tsf] hg;+Vof !) k|ltzt eGbf sd ePdfÖ Go'g | ! |
| Kfflgsf] k|ofKtfdf sld jf a9L, 9n jf kmf]x/ Joj:yfkgdf gePsf] jf Vff]nf, klx/f] glhs /x]sf] jl:tsf] hg;+Vof !)–#) k|ltzt ePdfÖ dWod | @ |
| Kfflgsf] k|ofKtfdf sld jf a9L, 9n jf kmf]x/ Joj:yfkgdf gePsf] jf Vff]nf jf klx/f] glhs /x]sf] jl:tsf] hg;+Vof #) k|ltzt eGbf a9L ePdf jf hgfj/ cfTfªs jf v'Nnf If]qsf] sdLÖ pRr | # |
| !! | ;|f]tsf] pknAwtf tyf kxF'r | ;|f]tsf] k|of{Kttf ePsf] / kxF'r ePsf] Ö Go'g | ! |
| ;|f]tsf] k|of{Kttf ePsf] t/ kx'Fr gePsf] Ö dWod | @ |
| ;|f]tsf] sld Ö pRr | # |
| !@ | ;+:yfut Ifdtf | ;+:yf ePsf] / ljkb\df sfd ug]{ ;fdy{ /fVg] Ö Go'g | ! |
| ;+:yf /x]sf] t/ ljkbdf sfd ug{ ;Sg] Ifdtf gePsf] jf ;+:yf jf/] ;d'bfonfO{ hgsf/L g} gePsf] Ö dWod | @ |
| ;+:yf w]/} 6f9f ePsf] jf ;+:yf g{} gePsf] Ö pRr | # |
| !# | Hfg;+Vofsf] ljZn]if0f | ckfªtf ePsf JolSt, ue{jlt dlxnf, kfFr jif{ eGbf d'lgsf jfnjflnsf, ^) jif{ eGbf dflysf hg;+Vof @) k|ltzt eGbf sd ePdf Ö Go'g | ! |
| ckfªtf ePsf JolSt, ue{jlt dlxnf, kfFr jif{ eGbf d'lgsf jfnjflnsf, ^) jif{ eGbf dflysf hg;+Vof @)–$) k|ltzt ePdf Ö dWod | @ |
| ckfªtf ePsf JolSt, ue{jlt dlxnf, kfFr jif{ eGbf d'lgsf jfnjflnsf, ^) jif{ eGbf dflysf hg;+Vof $) k|ltzt eGbf a9L ePdf Ö pRr | # |
| !$ | :yfgLo 1fg, ;Lk, Ifdtf / k|ljlw | :yfgLo 1fg, ;Lk, Ifdtf / k|ljlwsf] k|of]u u/L ljkb\ tyf hnjfo' kl/jt{gsf c;/nfO{ Go'lgs/0f ug{ k|of]u ePsf] Ö Go'g | ! |
| :yfgLo 1fg, ;Lk, Ifdtf ePsf] t/ k|of]u gePsf] jf k|ljlwsf] k|of]u gePsf] Ö dWod | @ |
| goFf jl:t tyf k|ljlwsf] k|of]u gePsf] Ö pRr | # |

* **:ki6Ls/0f**M

|  |  |  |
| --- | --- | --- |
| **qm=;+** | **cª\sef/** | **:t/** |
| ! | #\* eGbf dfyL cª\sef/ | pRr ;ª\s6f;Gg |
| @ | @$ b]lv #\* cª\sef/ ;Dd | dWod ;ª\s6f;Gg |
| # | @# eGbf sd cª\sef/ | Go"g ;ª\s6f;Gg |

Wofg lbg' kg]{ ljifo **M**

dfly plNnlvt ;ª\s6f;Ggtf tyf Ifdtf ljZn]if0fsf cf}hf/ (VCA tools) x¿ k|of]u u/L ;"rgf ;ª\sng ubf{ lgDg ljifodf ljz]if Wofg lbg'k5{ M

s= ;d'bfosf ;ª\s6f;Gg ju{x¿, dlxnf, jfnjflnsf, blnt, hghflt, j[4j[4f, ckfª\utf ePsf JolQm, afnaflnsf, ;d'bfodf sfo{/t ;ª\3;+:yfsf k|ltlglwsf] ;xeflutffnfO{ ;'lglZrt ug'{ kg]{5 . ;Dej eP ;Dd oL ;d'bfox?;+u cnu cnu 5nkmn ug{] / pgLx?sf] hf]lvd klxrfg tyf ljZn]if0fnfO{ k|fyfldstfdf /flvg] 5 .

v= dfgljo Iflt Go"gsf nfuL @, dWodsf nfuL $, tyf pRrsf nfuL ^ k|bfg u/Lg] 5 .

cg';"rL–^

-bkmf @=@=@ ;Fu ;DalGwt\_

;ª\s6f;Ggtf, Ifdtf tyf hf]lvd ljZn]if0f kfZj{lrqsf] gd'gf

**!= gu/kflnsf tyf ufpFkflnsfsf] cj:yf M**

* hnjfo'hGo, xfjfkfgL cflbsf] cj:yf / k|efj .
* k|fs[lts ;|f]t ;fwg, h:t} hn;Dkbf, tfn, kf]v/L, jg ;Dkbf, vlghkbfy{ cflb .
* gu/kflnsf tyf ufpFkflnsfleq eP/ aUg] vf]nfgfnf tyf gbL ltgaf6 kg]{ k|efj
* ;8ssf] cj:yf sfnf]kq] ======lsld, sRrL df]6/af6f] ======lsld, uf]/]6f] ============lsld
* e"–pkof]u M s[lif, jg, v]/ uO/x]sf], kfgLn] 9fs]sf] r/g, cjf; cflb .

**@= hg;ª\Vofsf] ljj/0f M -ufpFkflnsf=, g=kf=tyf s]lGb|o tYof+s ljefusf] hgu0fgf k|ltj]bgaf6\_**

**@=! hfthfltcg';f/sf] hg;ª\Vof**

|  |  |  |  |  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| j8f g+= | Blnt | | | | Hfghflt | | | | cGo | | | |
| 3/w'/L | Dlxnf | k'?if | hDdf | 3/w'/L | Dlxnf | k'?if | hDdf | 3/w'/L | dlxnf | k'?if | hDdf |
| ! |  |  |  |  |  |  |  |  |  |  |  |  |
| ====== |  |  |  |  |  |  |  |  |  |  |  |  |
| ( |  |  |  |  |  |  |  |  |  |  |  |  |
| hDdf |  |  |  |  |  |  |  |  |  |  |  |  |

**@=@ pd]/cg';f/sf] hg;ª\Vof**

|  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- |
| j8f g+= | ! jif{eGbf d'lg | ue{jtL | % jif{d'lg | ^–!@ jif{ | !# —!\* jif{ | !( b]lv %( jif{ | ^) jif{dfly | hDdf |
| ! |  |  |  |  |  |  |  |  |
| ==== |  |  |  |  |  |  |  |  |

**@=# ckfª\utfsf] ljj/0f**

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| j8f g+= | ckfª\utfsf] k|sf/ | Dlxnf | k'?if | hDdf |
| ! |  |  |  |  |
| === |  |  |  |  |

**#= k|sf]ksf cj:yf M-**cg';"rL %adf]lhd k|sf]k :t/Ls/0f, k|sf]k kfqf], / k|sf]ksf] P]lxfl;s ;do/]vf k|sf]k hf]lvd gS;f+sg / hf]lvd / ;d:of ljZn]if0faf6 k|fKt ePsf] glthf n]Vg]\_

**$= kfZj{lrqsf] d"n c+z M** cg';"rL % sf] ljZn]if0faf6 k|fKt ;ª\s6f;Ggtf, hf]lvd / gkf÷ufkf;Fu ePsf Ifdtf;d]t x'g]u/L cfjZos b]lvPsf ;'emfj k|:t't ug'{ kg]{5 . kfZj{lrqsf] clGtddf ljZn]if0fsf ;a} cg';"rLx¿ ;+nUg ug'{ kg]{5 .

cg';"rL– &

-bkmf @=#=! ;Fu ;DalGwt\_

hf]lvd Joj:yfkg lqmofsnfksf] klxrfg tyf k|fyldsLs/0f

;d'bfo x'Fb} j8f / ;du| uf=kf=÷g=kf=sf] ;ª\s6f;Ggtf tyf Ifdtf ljZ]if0faf6 k|fKt glthfsf] cfwf/df uflj;df ;~rfng ug'{ kg]{ ljkb\ hf]lvd Joj:yfkgsf lqmofsnfk klxrfg u/L ;"rLs[t ubf{ ltgsf] k|fyldstf lgwf{/0f ug'{ kg]{5 . lqmofsnfk klxrfg ug{ ;'?df j8f :t/df j8f gful/s d+rsf k|ltgLwLx?, gful/s ;r]tgf s]Gb|, ;a} If]q / ju{ -dlxnf, afnaflnsf, Ho]i7 gful/s, Psn dlxnf, ckfª\utf ePsf JolQmx¿, blnt, cflbjf;L, hghflt, cNk;+Vos,k|sf]k k|efljt, hnjfo'hGo k|efljt jf ;ª\s6f;Gg ;d'bfo tyf JolQmx¿, dw];L, d'lZndh:tf ju{ Pj+ g]kfn ;/sf/n] nlIft ;d"x egL kl/eflift u/]sf ju{\_ sf] ;dfg'kflts ;xeflutfdf j8fsf lqmofsnfkx? klxrfg / k|fyldsLs/0f ug]{ / j8f :t/df k|fyldstfdf cfPsf of]hgfx?nfO{ :yfgLo ljkb\ Joj:yfkg ;ldltsf ;b:ox?aLr 5nkmn rnfO{ ufpFkflnsf jf gu/kflnsf:t/sf] ljkb\ / hnjfo' pTyfgzLn lqmofsnfkx?sf] k|fyldstf lgwf{/0f ug{ ;lsg]5 . lqmofsnfksf] klxrfg tyf k|fyldsLs/0f *-pRr k|fyldstf k|fKt lqmofsnfknfO{ ! g+=lbg]\_* lgDgadf]lhdsf] 9fFrfdf ;d'bfo;d]t :ki6 x'g]u/L ;"rLs[t ug'{ kg]{5 M

|  |  |  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| j8f g+= | k|d'v hf]lvd | cg's"ngsf jf hf]lvd Go"gLs/0fsf pkfox¿ | k|efjsfl/tf -! –#\_ -s\_ | vr{sf] ldtJolotf-! –#\_-v\_ | ;+efJotf -! –#\_ -u\_ | nlIft ju{d'vL -!–#\_ -3\_ | s'n –s±v±  u±3\_ | k|fyldstf g+= | ;|f]tsf] Joj:yf | |
| cfGtl/s | afXo |
| ! | ljBfno ejg af9Ln] aufpg ;Sg] | h}ljs t6jGw | # | @ | @ | # | !) | ! |  |  |
| # |  |  |  |  |  |  |  |  |  |  |
| $ |  |  |  |  |  |  |  |  |  |  |

-*Gff]6M* **k|efjsfl/tfM** sfdsf] Go"g k|efjsfl/tf b]lvPdf !, sfdsf] pRr k|efjsfl/tf b]lvPdf #, **vr{sf] ldtJolotfM** sd vr{ nfUg] ePdf #, a9L vr{ nfUg] ePdf !, **;DefJotfM** sfof{Gjog ug{ ;lsg] ePdf #, sfof{Gjog ug{ sl7g ePdf !, **nlIft au{d'vLM** nfeflGjt w]/} ePdf #, nfeflGjt sd ePdf ! c+s lbg] \_

cg';"rL– \*

-bkmf @=@=@ ;Fu ;DalGwt\_

:yfgLo ljkb\ tyf hnjfo' pTyfgzLn of]hgfsf] 9fFrf

**(Local Disaster and Climate Resilience Plan Template)**

**========= gu/kflnsf÷ufpFkflnsf**

**========lhNnf**

tof/ u/]sf]] ldlt M ============;fn=========dlxgf

**;Gb]z M** lhNnf ;dGjo ;ldltsf clwsf/Laf6 s'g} ;Gb]z k|fKt eP /fVg] .

**s[t1tf 1fkg M** gu/kflnsf tyf ufpFkflnsf k|d'vaf6 of]hgf th'{df / o;sf] sfof{Gjogaf/] ;xof]uLnfO{ wGojfb lbFb} cfkm\gf] egfO /fVg] .

**ljifo;"rL M** of]hgfsf] :j¿kcg';f/ ljifo;"rL tof/ u/]/ /fVg] .

**v08 – ! M k|f/lDes kl/ro**

**!=! kl/roM**

gu/kflnsf tyf ufpFkflnsfsf] 5f]6f] / tYofª\sLo kl/ro lbg] . kl/ro lbFbf ;ª\s6f;Ggtf, hf]lvd / Ifdtf ljZn]if0fsf] k|ltj]bgnfO{ cfwf/ dfGg' kg]{5 . gu/kflnsf tyf ufpFkflnsfsf] ef}u{les—agfj6, e"—cfs[lt, e"—pkof]u hf]lvd ljZn]if0f gS;f+sg tyf ;fdflhs l:ylt, hg;+Vof, 3/w'/Lsf] tYofª\s ;d]tnfO{ k[i7e"lddf;d]6g' kg]{5 . ;Dalwt gu/kflnsf tyf ufpFkflnsfsf] ljkb\sf 36gfx?sf] ;+lIfKt hfgsf/L ;d]t pNn]v ug'{kg]{5 .

pbfx/0f=========

|  |
| --- |
|  |

**!=@ of]hgfsf] p2]Zo M** o; of]hgfsf] b"/b[li6 (Mission and Vision), d"n / lglb{i6 p2]Zo s] xf] Tof] pNn]v ug'{ kg]{5 . :yfgLo lgsfosf] ef}uf]lns ;fdflhs, cfly{s, ;f+:s[lts cj:yf cg'¿k of]hgfsf] p2]Zo lgwf{/0f ug'{ kg]{5 .

pbfx/0f=========

|  |
| --- |
|  |

**!=# of]hgfsf] cfjZostf tyf dxTj M** of] of]hgf lsg th'{df ug'{ k/]sf] xf] / o;n] s] u5{ eGg] s'/f lglZrt u/L n]Vg] .

pbfx/0f=========

|  |
| --- |
|  |

**!=$ of]hgfsf ;Ldf M** of]hgf th'{df ubf{ ckgfOPsf] ljlw, of]hgfsf] k|efjsfl/tf, cfly{s ;|f]th:tf s]–s:tf ;Ldf b]lvPsf 5g\ eGg] s'/f 5f]6s/Ldf pNn]v ug'{ kg]{5 . o;n] of]hgf sfof{Gjog / cg'udg tyf d"Nofª\sgsf nflu dfu{ k|z:t ug'{ kg]{5 .

pbfx/0f=========

|  |
| --- |
|  |

**!=% of]hgf lgdf{0f k|lqmof ljlw M** of]hgf lgdf{0f k|lqmofaf/] v08 @ df ePsf] Joj:yfdWo] ckgfOPsf k|lqmofaf/] 5f]6s/ldf pNn]v ug'{ kg]{5.

pbfx/0f=========

|  |
| --- |
|  |

**!=^ of]hgf sfof{Gjog /0fgLlt M** of]hgfn] lgwf{/0f u/]sf sfo{qmd s]–s;/L sfof{Gjog ug]'{ ,gu/kflnsf tyf ufpFkflnsfsf] jflif{s sfo{qmdcGtu{t ah]6 Joj:yf ul/g'sf] cnjf ;d'bfo, ;/f]sf/jfnfsf] kl/rfng s;/L ul/G5 eGg] ljifonfO{ k|i6 kfg]{ .

pbfx/0f=========

|  |
| --- |
|  |

**!=& of]hgfsf] cg'udg, d'Nofª\sg tyf k'g/fjnf]sg M** o; lgb]{lzsfsf] efu @ sf] r/0f % df pNn]v ePcg';f/ lgoldt cg'udg, d"Nofª\sg ug'{ kg]{5, / To;sf] cfwf/df k|To]s % jif{sf] cjlwdf k'g/fjnf]sg tyf kl/dfh{g ug'{kg]{5 .

pbfx/0f=========

|  |
| --- |
|  |

v08 – @ M k|sf]k, ;ª\s6f;Ggtf, Ifdtf / hf]lvd ljZn]if0f

**@=! k|sf]ksf] klxrfg tyf :t/Ls/0f M** gu/kflnsf tyf ufpFkflnsfdf x'g] k|d'v k|sf]k s]–s] x'g\ eg]/ klxrfg / :t/Ls/0f u/]/ k|fKt glthf n]Vg] .

**@=@ k|sf]k ljZn]if0f M** cg';"rL % -$\_ sf] k|sf]k ljZn]if0fnfO{ ;f] cg';"rLdf pNn]v ePsf cGo k|sf]k ljZn]if0fsf cf}hf/x¿ -;fdflhs ;|f]t gS;fª\sg / ;ª\s6f;Ggtf tyf Ifdtf klxrfg, ;d:of j[If ljZn]if0f, w/ftnLo lxF8fO, ;+:yfut ljZn]if0f, nlIft ;d"x 5nkmn, k|ToIf cjnf]sg, e"—pkof]u hf]lvd ljZn]if0f\_ ;d]tsf] k|of]uaf6 ul/Psf] ljZn]if0fsf] glthfnfO{ ;+lIfKt ¿kdf lgDg 9fFrfdf n]Vg'kg]{5 M

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| qm= ;+= | ;d:of cyjf k|sf]k | sf/0f | sf/s tTj | k|efj | hf]lvd Go"gLs/0fsf nflu klxrfg ePsf pkfo |
| ! |  |  |  |  |  |
| == |  |  |  |  |  |

**@=# ufpF tyf j8fsf] ;ª\s6f;Ggtf :t/Ls/0f M** ufpF, a:tL, j8f gu/kfnlnsf tyf ufpFkflnsfdf ljutdf s]–s:tf k|sf]ksf 36gf ePsf lyP, ltgsf] ;"rL tof/ u/L To;af6 ePsf] Ifltsf] ljj/0f tof/ ug'{ kg]{5 . k|fKt ;"rgfsf] ljZn]if0faf6 gu/kflnsf tyf ufpFkflnsfsf] s'g j8fsf] s'g j:tL s'g k|sf]ksf sf/0f s'g :t/df ;ª\s6f;Gg 5 eGg] kQf nfUg]5 . o;} cfwf/df ljleGg k|sf]ksf b[li6n] ;d'bfo, j8f / To;sf slt 3/kl/jf/ ;ª\s6f;Gg 5g\ eg]/ :t/Ls/0f ug'{k5{

**tflnsf g+= ============== k|sf]ksf] ;Gbe{df j8fx¿sf] ;ª\s6f;Ggtf :t/Ls/0f**

======= k|sf]ksf sf/0f pTkGg x'g] ljkb\sf] j8f:t/Lo ;ª\s6f;Ggtf lgDgcg';f/ :t/Ls/0f ul/Psf] 5 M

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| j8f g+= | ufpF tyf 6f]n | pRr ;ª\s6f;Gg | dWod ;ª\s6f;Gg | Go"g ;ª\s6f;Gg | k'i6\ofOFsf cfwf/ |
| ! |  |  |  |  |  |
| @ |  |  |  |  |  |
| # |  |  |  |  |  |

**@=$ gu/kflnsf tyf ufpFkflnsfsf] Ifdtf ljZn]if0f M** dfly ljZn]if0f ul/Psf] ;ª\s6f;Ggtf / hf]lvdsf] ;fdgf ug{, hf]lvd Joj:yfkg ug{ ;d'bfo;Fu s]–s:tf Ifdtf ljBfdfg 5g\ eg]/ klxrfg ug'{ kg]{5 . gu/kflnsf tyf ufpFkflnsfleq ePsf ;|f]t;fwgsf] cj:yf, :yfgLo 1fg, ;Lk / k|ljlwsf] t'ngfTds cWoog u/L lgisif{ lgsfNg' kg]{5 .

**@=% hf]lvd klxrfg tyf ljZn]if0f M** gu/kflnsf tyf ufpFkflnsfsf] ;ª\s6f;Ggtf / IfdtfaLr b]lvPsf] b"/L g} hf]lvdsf] ;xL lrq x'g]5 . To;sf cfwf/df ljkb\ hf]lvd Go"gLs/0fsf cfjZos lqmofsnfk lgwf{/0f ug'{ kg]{5 .

Gff]6M olb s'g} ufpFkflnsf tyf gu/kflnsfn] cg';"rL ^ adf]lhd e"sDk hf]lvd ljZn]if0f ul/;s]sf] v08df pQm ljZn]if0fsf] glhtfsf] cfwf/df e"slDko Iflt Go"gLs/0fsf ultljlwx? lgwf{/0f ug{ pkof]u ug{ ;lsg]5 . ;fy} o; cg';"rLdf pNn]lvt ljifoj:t'nfO{ cem ;/n / ;xh agfpg o;lgb]{lzsfdf pNn]lvt laifoj:t'df cfwfl/t lj:t[t sfo{9fFrf (Template) agfO{ k|of]u ug{ ;lsg]5 .

**v08 – # M lb3{sflng ;f]+r, kl/b[Zo, nIo, gLlt tyf /0fgLlt**

**#=! lb3{sflng ;f]+r**

ljkb\ hf]lvd Go"gLs/0f tyf hnfjo'hGo hf]lvd Aoj:yfkgsf sfo{nfO{ ;+:yfut ul/ ljkb\ pTyfgzLn ;d'bfosf] lgdf{0f ug]{ o;sf] lb3{sflng ;f]+r x'g]5 .

**#=@ kl/b[Zo**

ljkb\ hf]lvd Go"gLs/0fsf tyf hnfjo'hGo hf]lvd Aoj:yfkgsf lqmofsnfkx?df ;d'bfosf] clwstd ;xeflutf dfkm{t x/]s ;d'bfosf] ljkb\ tyf hnjfo' pTyfgzLn of]hgf lgdf{0f ul/ sfof{Gjog ug]{ / ljkb\af6 x'g] dfgljo, ;fdflhs, cfly{s, ef}lts tyf hLljsf]kfh{gsf ;fwgx?df x'g] Ifltdf sd ub}{ ;d'bfosf] pTyfgzLntfnfO{ ;'b[9 ug'{ o; lgb]{lzsfsf] kl/b[Zo x'g]5 .

**#=# nIo**

:yfgLo txdf /x]sf] ljkb\sf] ;ª\s6f;Ggtf, hf]lvd / Ifdtf ljZn]if0f ug{ / ;f]xL adf]lhd ljkb\ tyf hnjfo'hGo hf]lvd Joj:yfkgsf sfo{qmdx?nfO{ k|fyldsLs/0f ub}{ :yfgLo ljsf; k|lqmofdf d'nk|jfxLs/0f u/L ljkb\ tyf hnjfo' pTyfgzLn ;d'bfosf] lgdf{0f ug{ of]ubfg k'–ofpg' .,

**#=$ p2]Zo**

s\_ :yfgLo ljkb\ tyf hnjfo' pTyfgzLn of]hgf th'{df ug{ Go"gtd cfwf/ tyf ;femf dfkb08 lgwf{/0f ug'{.

-v\_ :yfgLo txdf /x]sf] ljkb\sf] ;ª\s6f;Ggtf, hf]lvd / Ifdtf ljZn]if0f ug{ / ;f]xL adf]lhd ljkb\ tyf hnjfo'hGo hf]lvd Joj:yfkgsf sfo{qmdx?nfO{ k|fyldsLs/0f ub}{ :yfgLo ljsf; k|lqmofdf d'nk|jfxLs/0f u/L ljkb\ tyf hnjfo' pTyfgzLn ;d'bfosf] lgdf{0fdf of]ubfg ug'{,

-u\_ :yfgLo txsf gLlt tyf ljsf; sfo{qmddf ;a} If]q / ju{ -dlxnf , afnaflnsf, Ho]i7 gful/s, Psn dlxnf, ckfª\utf ePsf JolQmx¿, blnt, cflbjf;L, hghflt, k|sf]k k|efljt, hnjfo'hGo k|efljt jf ;ª\s6f;Gg ;d'bfo tyf JolQmx¿, dw];L, d'lZndh:tf ju{ Pj+ g]kfn ;/sf/n] nlIft ;d"x egL kl/eflift u/]sf ju{\_ sf] ;dfg'kflts ;xeflutf ;'lglZrt u/L ljkb\ hf]lvd Joj:yfkg tyf hnjfo' kl/jt{g cg's'ngnfO{ ;+:yfut ug{ dfu{ k|z:t ug'{ .

**#=$ gLlt**

:yfgLo txdf /x]sf ;/sf/L, u}/;/sf/L tyf lghL tyf ;fj{hlgs lgsfo tyf ;+3;+:yfx?;Fusf] ;dGjo tyf ;xsfo{df :yfgLo ljkb\ tyf hnjfo' pTyfgzLn ;ldltx?sf] u7g ug]{ tyf pQm ;ldlt dfkm{t ;ldltsf ;b:o tyf kbflwsf/L Pj+ ;d'bfosf AolQmx?nfO{ ljkb\ tyf hnjfo' ;DalGwsf ultljlwx?df ;xeflutf u/fO{ Ifdtf ljsf; u/fpg] .

**#=% /0fgLlt**

:yfgLo txdf /x]sf ;/f]sf/jfnf lgsfo tyf ;+3;+:yfx?;Fusf] ;dGjo tyf ;xsfo{df :yfgLo ljkb\ tyf hnjfo' pTyfgzLn ;ldltx?sf] u7g ug]{ tyf pQm ;ldlt dfkm{t ;ldltsf ;b:o tyf kbflwsf/L Pj+ ;d'bfosf AolQmx?nfO{ ljkb\ tyf hnjfo' ;DalGwsf ultljlwx?df ;xeflutf u/fO{ Ifdtf ljsf; u/fpg] .

pQm lgb]{lzsfsf] sfof{Gjogsf nflu :yfgLo txn] cfˆgf] :yfgLo :t/df pknAw ;fwg, ;f|]t, ;fF:s[lts tyf kof{j/0fLo ;+/rgf cg's'n ljleGg /0fgLltx? cjnDjg ug{ ;Sg]5 .

;d'bfodf /x]sf k|sf]k tyf hf]lvdsf] klxrfg tyf Ifdtfsf] n]vfhf]vf, of]hgf lgdf{0fsf ;a} k|lqmofdf ;d'bfosf clt hf]lvddf /x]sf ;d"x tyf ju{sf] ;dfg'kflts ;xeflutfnfO{ ;'lglZrt ul/ of]hgfsf] sfof{Gjog ug]{ .

:yfgLo ljkb\ hf]lvd n]vfhf]vf tyf gS;fÍsg ubf{ clt hf]lvd tyf ;+j]bglzn :yfgdf /x]sf a:tLx?nfO{ ;'/lIft :yfgdf :yfGt/0fsf] nflu k|f]T;fxg ug]{ .

Aff9L tyf klx/f]af6 x'g] dfgljo tyf ef}lts IfltnfO{ /f]Sgsfnflu af9Lsf] k'j{;"rgf k|0ffnLsf] :yfkgfsf nflu ;dGjo tyf ;xsfo{ ul/ kxn ug]{ .

;d'bfodf cfwfl/t ljkb\ hf]lvd Go"gLs/0fsf sfo{qmdx? sfof{Gjog ubf{ :yfgLo 1fg, ;Lk, >f]t / ;fwgsf] pkof]u ug]{ .

:yfgLo txdf ljkb\ hf]lvd tyf hnjfo' cg's'ngsf sfo{qmdx?nfO{ :yfgLo aflif{s tyf cfjlws ljsf;sf of]hgfx?df d"nk|jflxs/0f ub}{ n}hfg] .

**v08 – $ M :yfgLo ljkb\ tyf hnjfo' pTyfgzLn ultljlwx?**

-======= k|sf]ksf] ;Gbe{df\_

ljkb\ hf]lvd Joj:yfkgsf sfo{qmdnfO{ d"ne"t ¿kdf dfgj ;+;fwg tyf ;+:yfut ljsf; of]hgf, ef}lts k"jf{wf/ ljsf;, k|flqmlts ;|f]t ;+/If0f, hLljsf]kfhgdf ;'wf/, gLltut If]qdf ug'{ kg]{ sfo{x¿ tyf ljsf; sfo{df ljkb\ hf]lvd Go"gLs/0fsf ljlwsf] d"nk|jfxLs/0f ug]{h:tf k|d'v lqmofsnfknfO{ cfwf/ dfg]/ :yfgLo ;d:of ;dfwfg ug]{ lqmofsnfknfO{ lgDgadf]lhsf] 9fFrfdf k|yfldsLs/0f ug'{ kg]{5 M

**#=! ljkb\ hf]lvd Go"gLs/0f tyf k"j{tof/L, /f]syfd, cNkLs/0f / cg's"ngsf of]hgfx?**

ljkb\sf] ;ª\s6f;Ggtf, Ifdtf / hf]lvd ljZn]if0faf6 k|fKt kl/0ffdadf]lhd cTolws hf]lvd /x]sf ;d'bfo jf j8fdf hf]lvd Go"gLs/0fsf nflu ;~rfng ug'{ kg]{ lqmofnfknfO{ ljkb\klxn] ul/g] lqmofsnfksf] ¿kdf k|fyldsLs/0f ug'{ kg]{5 . o; r/0fdf ug'{ kg]{ sfo{nfO{ lgDg b'O{ v08fdf ljefhg u/L k|fyldstf lgwf{/0f ug'{ kg]{5 M

**#=!=! gLltut Joj:yf tyf lg0f{oM**

gu/kflnsf tyf ufpFkflnsfn] ljkb\ hf]lvd Joj:yfkgsf sfo{nfO{ k|efjsf/L ¿kdf sfof{Gjog ug{ cfjZostfcg';f/ lhDd]jf/L;lxt sfo{bnx¿ -h:t}–;dGjo, ;~rf/ tyf k"j{r]tfjgLÙ vf]h tyf p4f/Ù /fxt Joj:yfkg tyf k'gM:yfkgÙ Iflt tyf cfjZostf ljZn]if0fh:tf sfo{bn\_ u7g ug{ ;lsg]5 . To;}u/L k|rlnt g]kfn sfg'gadf]lhd cfjZos gLltut lg0f{o ;d]t u/L /0fgLlts sfo{x¿ lgwf{/0f u/L pko'Qm 9fFrfdf pNn]v ug'{ kg]{5 .

**#=!=@ hgr]tgf tyf Ifdtf clej[l4 M**

gu/kflnsf tyf ufpFkflnsfn] cfˆgf] If]qdf ljkb\k|lt /x]sf] c1fgtf x6fP/ hf]lvd Joj:yfkgdf ;d'bfosf] ;hutf clej[l4 ug{ hgr]tgf / Ifdtf clej[l4sf sfo{nfO{ lgDgadf]lhdsf] 9fFrfdf k|fyldstfqmdcg';f/ pNn]v ug'{ kg]{5 M

|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
| **k|fyldstf qmd** | **k|d'v ;d:of tyf hf]lvd** | **Joj:yfkgsf lqmofsnfk** | **d'Vo lhDd]jf/L** | **;|f]tsf] Joj:yf** | | **;do cjlw** |
| **cfGtl/s** | **afXo  -;xof]uL\_** |
| **!** |  |  |  |  |  |  |
|  |  |  |  |  |  |  |

**#=!=# hf]lvd Go"gLs/0f M**

gu/kflnsf tyf ufpFkflnsfleq /x]sf ljkb\hGo ;ª\s6f;Ggtf tyf hf]lvd sd ug{ ug'{ kg]{ sfo{nfO{ lgDgadf]lhdsf] vfsfdf k|fyldstfcg'¿k pNn]v ug'{ kg]{5 . o;df u|fdL0f ;8s, sNe6{, k'n, ljBfno jf cGo ;fj{hlgs ejgsf] k|jnLs/0fÙ k|fs[lts ;|f]tsf] ;+/If0f, gbL t6aGwh:tf lqmofsnfkx¿nfO{ k|fyldstfqmdcg';f/ pNn]v ug'{ kg]{5 .

|  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- |
| **k|fyldstf qmd** | **k|d'v ;d:of tyf hf]lvd** | **Joj:yfkgsf lqmofsnfk** | **d'Vo lhDd]jf/L** |  | **;|f]tsf] Joj:yf** | | **;do cjlw** |
| **hDdf ah]6** | **cfGtl/s** | **afXo  -;xof]uL\_** |
| **!** |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |

**#=!=$ cfkt\sfnLg k"j{tof/L M**

gu/kflnsf tyf ufpFkflnsfleq s'g} klg ljkb\sf] 36gf ePdf To;sf] ;fdgf ug{ cfjZos kg]{ k"j{tof/Lsf lqmofsnfknfO{ tnsf] 9fFrfdf pNn]v u/L sfof{Gjog ug'{k5{ . o;df cfkt\sfnLg sf]ifsf] :yfkgf, vfB tyf u}/vfB ;fdu|Lsf] aGbf]a:t, cfkt\sfnLg cf>o:ynsf] klxrfg tyf Joj:yf, k|fylds pkrf/ ;du|L, lhNnf b}jL k|sf]k p4f/ ;ldlt / dfgjLo ;xof]usf If]qdf sfd ug]{ ;+:yf tyf lghL If]q;Fu ;dGjo ug]{ljlwh:tf lqmofsnfk;d]t ;d]6\g' kg]{5 .

|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
| **k|fyldstf qmd** | **ljkb\sf] ;Defljt cj:yf** | **Joj:yfkgsf lqmofsnfk** | **d'Vo lhDd]jf/L** | **;|f]tsf] Joj:yf** | | **;do cjlw** |
| **cfGtl/s** | **afXo  -;xof]uL\_** |
| **!** |  |  |  |  |  |  |
|  |  |  |  |  |  |  |

**#=@ ljkb\sf] ;dosf k|ltsfo{sf lqmofsnfkx¿ -36gf 36]sf] lbg b]lv # dlxgf ;Dd\_**

gu/kflnsf tyf ufpFkflnsfleq s'g} klg ;dodf ljkb\ k/]df k|efljt tyf kLl8tsf] p4f/ / hLjg/Iff / ;DklQ ;+/If0fsf nflu cfkt\sfnLg ;dodf ug'{ kg]{ lqmofsnfknfO{ tnsf] 9fFrfdf pNn]v ug'{ kg]{5 . o;df ljz]ifu/L k"j{;"rgf / r]tfjgL k|jfx ug]{, x/fPsfsf] vf]hL, kLl8tsf] p4f/, ;'/Iff lgsfodf vj/, cfkt\sfnLg a;f]af; / /fxt Joj:yfkgsf nflu ug'{ kg]{ sfo{ pNn]v ug'{ kg]{5 .

|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
| **k|fyldstf qmd** | **ljkb\sf] ;Defljt cj:yf** | **Joj:yfkgsf lqmofsnfk** | **d'Vo lhDd]jf/L** | **;|f]tsf] Joj:yf** | | **;do cjlw** |
| **cfGtl/s** | **afXo  -;xof]uL\_** |
| **!** |  |  |  |  |  | ) b]lv ! 306f leq |
| **@** |  |  |  |  |  |
| **===** |  |  |  |  |  |
| **!** |  |  |  |  |  | ) b]lv & 306f leq |
| **@** |  |  |  |  |  |  |
| **===** |  |  |  |  |  |  |
| **!** |  |  |  |  |  | )–@$ 306f leq |
| **@** |  |  |  |  |  |  |
| **===** |  |  |  |  |  |  |
| **!** |  |  |  |  |  | @$ b]lv $\* 306f leq |
| **@** |  |  |  |  |  |  |
| **===** |  |  |  |  |  |  |
| **!** |  |  |  |  |  | $\* b]lv &@ 306f leq |
| **@** |  |  |  |  |  |  |
| **===** |  |  |  |  |  |  |
| **!** |  |  |  |  |  | &@ 306f b]lv & lbg leq |
| **@** |  |  |  |  |  |  |
| **===** |  |  |  |  |  |  |
| **!** |  |  |  |  |  | & lbg b]lv @ ;ftf leq |
| **@** |  |  |  |  |  |  |
| **===** |  |  |  |  |  |  |
| **!** |  |  |  |  |  | @ ;ftf b]lv ! dlxgf leq |
| **@** |  |  |  |  |  |  |
| **===** |  |  |  |  |  |  |

#**=# ljkb\ kZrft\sf k'g{nfe cGt{ut k'g{:yfkgf / k'g{lgdf{0fsf lqmofsnfkx¿ -ljkb ;dosf k|ltsfo{sf sfo{x? ;lsPkl5 # dlxgf b]lv @ jif{ ;Dd\_**

of]hgfsf] o; efudf ljkb\ eO;s]kl5 To;af6 k/]sf] k|efj / ePsf] Ifltsf] ljZn]if0f u/L hghLjgnfO{ ;fdfGo agfpg, k"0f{ lj:yflkt kl/jf/sf] k'gM:yfkgf ug{, Ifltu|:t ef}lts ;+/rgfsf] dd{/t–;Def/ tyf k'glg{df{0f ug{ / eljiodf kg{;Sg] To:t} ljkb\sf] ;fdgf ug{ cfjZos lqmofsnfknfO{ ;d]6]/ lgDgadf]lhdsf] 9fFrfdf lqmofsnfk pNn]v ug'{ kg]{5 M

|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
| **k|fyldstf qmd** | **;Defljt ;d:of** | **Joj:yfkgsf lqmofsnfk** | **d'Vo lhDd]jf/L** | **;|f]tsf] Joj:yf** | | **;do cjlw** |
| **cfGtl/s** | **afXo  -;xof]uL\_** |
| **!** |  |  |  |  |  |  |
| **===** |  |  |  |  |  |  |

gf]6M o;k|sf/sf] ljkb\ tyf hnjfo' pTyfgzLn of]hgf lgdf{0f ubf{ kl/lzi6 ! df ;dfj]z ePsf] 9fFrfnfO{ ;d]t k|of]u ug{ ;lsg] .

**v08 – % M :yfgLo ljkb\ tyf hnjfo' pTyfgzLn of]hgfsf] cg'udg, d"NofÍg tyf cWofjlwstfM**

;d'bfodf ljkb\ tyf hnjfo' pTyfgzLn of]hgfsf] lgdf{0f kZrft To;sf] plrt sfo{Gjogsf] nflu :yfgLo txdf Pp6f cg'udg tyf d"NofÍg ;ldltsf] u7g ul/g] 5 . To; ;ldltn] :yfgLo :t/sf sfof{nox?;Fu ;dGjo / ;xsfo{ u/L cg'ug tyf d"NofÍgsf lz4fGtx?nfO{ cg';/0f ul/ of]hgfsf] lgoldt cg'udg tyf lglZrt ;dofjlwdf d"NofÍg ug]{ 5 .

cg'udg tyf d"NofÍg ;ldltn] :yfgLo txdf o; lgb]{lzsf adf]lhd ;+rflnt of]hgf tyf sfo{qmdsf] sfof{Gjotsf] k|utL lgl/If0f ug]{, sfo{qmd sfof{Gjogsf] s|ddf b]lvPsf ;d:of tyf sdLsdhf]/LnfO{ ;'wf/ ub]{ l56f] ;dfwfgsf nflu ;dGjofTds / /rgfTds e"ldsf lgjf{x ug]{5 .

sfo{qmdsf] d"NofÍg ubf{ ;fGb{lestf, sfo{s'zntf, k|efjsf/Ltf, ck]lIft pknAwL xfFl;n, lb3{sflng kl/jt{g h:tf d"NofÍgsf lz4fGtsf] cfwf/df ug'{k5{ .

**of]hgfsf] cWofjlwstfM**

o; lgb]{lzsf sfof{Gjosf s|ddf ePsf kf7 l;sfO,cg'ej / r'gf}tL ;'wf/ug'{kg]{ laifoa:t'nfO{ ;dfj]; ul/ ;xh / k|efjsf/L agfpgsf nflu lgb]{lzsf adf]lhd agfO{Psf of]hgfx?nfO{ @÷@ aif{sf] cjlwdf jf cfjZostf cg';f/ :yfgLo txn] cWofjlws ug{;Sg] 5 .

cg';"rL– (

-bkmf #=@=# ;Fu ;DalGwt\_

pk;ldltx¿sf] :j?k / sfd st{Jo tyf clwsf/

:yfgLo ljkb\ tyf hnjfo' pTyfgzLn ;ldlt, of]hgf th'{df tyf ;dGjo ;ldlt;Fu cfjZos ;xof]u tyf ;dGjosf nflu tyf :yfgLo ljkb\ hf]lvd Joj:yfkgsf] k|efjsf/L sfo{fGjogsf] nflu lgDgcg';f/ pk–;ldltx? u7g ug'{ kg]{5 tyfkL :yfgLo cjZostfnfO{ b[li6ut u/L pk–;ldltsfx?sf] ;ª\Vof yk36 ug{ ;lsg]5M

|  |  |  |  |
| --- | --- | --- | --- |
| qm=;+= | pk–;ldltsf] gfd | Wofg lbg' kg]{ s'/f | kbfjlw |
| ! | jftj/0f tyf ljkb\ Aoj:yfkg pk ;ldlt | pk–;ldltsf] ;b:o rog ubf{ pknAw eP;Dd ;DalGwt ljifodf 1fg ePsf afnaflnsf, dlxnf, blnt, hghflt, ckfª\utf ePsf tyf ljkb\sf] pRr hf]lvddf /x]sf ;d'bfosf k|ltlgwnfO{ k|fyldstf lbg' kg]{5 . | kb]g ;b:oafx]s cGo ;b:osf] sfo{sfn kfFr jif{sf] x'g]5 |
| @ | k"j{tof/L tyf k|ltsfo{ pk ;ldlt |
| # | cg'udg tyf d"NofÍg pk;ldlt |
| $ | n}lª\us ;dfgtf tyf ;+/If0f pk;ldlt |

**pk;ldltx?sf] sfd, st{Jo tyf clwsf/**

|  |  |  |  |
| --- | --- | --- | --- |
| **!=** jftj/0f tyf ljkb\ Aoj:yfkg pk ;ldlt | | | |
| **ljkb\ k"j{** | | **ljkb\sf] ;do** | **ljkb\ kZrft\** | |
| * k"j{;"rgf tyf r]tfjgL k|0ffnLaf/] ;~rf/ dfWod / cGo ;|f]taf6 k|fKt ;"rgf k|fKt ug]{ * k"j{r]tfjgL k|0ffnLsf] :yfkgfsf nflu lhlj;, uflj;, hn pTkGg k|sf]k lgoGq0f l8lehg sfof{no;Fu ;dGjo ug]{ * pknAw k"j{r]tfjgL k|0ffnLsf] ;'/Iff / ;+/If0f ug]{ * ljkb\;DaGwL sfd ug]{ jf cGo ;/f]sf/jfnf lgsfodf ljkb\af/] ;xL hfgsf/L lbg] * ;d'bfo;Fu lgoldt 5nkmn ug]{ / :yfgLo ljkb\ Joj:yfkg ;ldltdf k|ltj]bg lgoldt ?kdf lbg] * ;~rf/dfWod, kqsf/ dxf;ª\3, :yfgLo kqsf/;Fu ;dGjo u/L ;"rgf lng] / lbg] sfd ug]{ * ljkb\ hf]lvd Joj:yfkg;DaGwL 1fga4{s ;fdu|Lsf] vf]hL u/L ;d'bfodf pknAw u/fpg] * cfkt\sfnLg ;dodf rflxg] lgsfosf] kmf]gsf] ;"rL tof/ u/L ;d'bfosf ;a} ;b:onfO{ pknAw u/fpg] * hgr]tgf clej[l4sf ;fdu|L lhNnf / s]Gb|af6 ;ª\sng u/L hgr]tgf cleofgdf x'g] vr{ s6f}tL ug]{ * ;"rgf k|afx / k|flKtsf] e/kbf]{ ;+oGqsf nflu lhNnf cfkt\sflng sfo{ ;~rfng s]Gb|, hn tyf df};d laefusf :6];gx?, :yfgLo txdf ;d'bfo cfkm}n] ;+rfng u/]sf :6];gx? ljrdf lgoldt 5nkmn, a}7s, cg'udg ug]{ / cfjZostf cg';f/ ;"rgf cfbfg k|bfg ;+oGqdf kl/dfh{g ug]{ . | | * ljkb\sf] ;"rgf ;a}eGbf klxn] vf]h tyf p4f/ sfo{bnnfO{ lbg] * o:tf] ;"rgf lhNnf cfk\tsfnLg sfo{;+rfng s]Gb|, :yfgLo k|x/L, lhNnf k|x/L, z;:q k|x/L, g]kfnL ;]gf, g]kfn /]8qm; ;f];fO6L, uflj;, lhlj; / lhNnf b}jL k|sf]k p4f/ ;ldltnfO{ pknAw u/fP/ ;xof]u dfu ug]{ * ljkb\;DaGwL ;Dk"0f{ hfgsf/L hfgsf/L :yfgLo ljkb\ Joj:yfkg ;ldltdfkm{t\, lhlj; / lhNnf b}jL k|sf]k p4f/ ;ldltnfO{ lbg] * ljkb\af/]sf] ;dfrf/ tyf ;"rgf ;~rf/dfWod jf kqsf/nfO{ pknAw u/fpg] | * Iflt ljZn]if0f sfo{bnaf6 ePsf] sfo{ / Ifltsf] cj:yfsf] hfgsf/L lng] * ljkb\kl5 pTkGg ePsf] yk ;ª\s6f;Ggtf / hghLjgdf k/]sf] c;/sf] ;dLIff ug]{ * hghLjgdf k/]sf] c;/cg';f/ k"j{tof/Lsf sfo{nfO{ lg/Gt/tf lbg] . * k'j{ ;'rgf k|0ffln ;+u ;DalGwt ;+/rgfut k'lhdf ePsf] Ifltsf] dd{t ;+ef/ ug]{ / yk ;+/rgfsf] cfjZostf ePdf kxn ug]{ . * :yflkt ;+oGqdf ePsf sld sdhf]l/df ;'wf/ Nofpg kxn ug]{ . | |
| **@=** k"j{tof/L tyf k|ltsfo{ pk;ldlt | | | | |
| * ljkb\af6 lj:yflktnfO{ /fVgsf] nflu ;'/lIft :yfgsf] klxrfg ug]{ * p4f/sf nflu cfjZos kg]{ ;fdu|Lsf] aGbf]j:t ug{ :yfgLo k|x/L, g]kfnL ;]gf, lhNnf bjL k|sf]k p4f/ ;ldlt;Fu ;dGjo u/L ;xof]u dfu ug]{ * p4f/sf nflu g]kfn /]8qm; ;f];fO6L;Fu ;dGjo ug]{ * af9L / klx/f]sf] ;dodf p4f/ ug{ ;Sg] ;d'bfosf ;b:osf] klxrfg u/L pgLx¿sf] ;Dks{ gDa/ cWofjlws /fVg] * p4f/sdL{sf nflu tflndsf] Joj:yf ug{ u};;, g]kfn /]8qm;, k|x/L / ;]gf;Fu ;dGjo ug]{ * ;d'bfo:t/af6 pknAw x'g] /fxt ;fdu|L ;ª\sng / e08f/0fsf] Joj:yf ug]{ * ;fd'bflos ljkb\ Joj:yfkg sf]ifsf] :yfkgf ug]{ * /fxt ;fdu|L k|of]u gePdf To:tf] ;fdu|L lgodfg';f/ laqmL u/L k|fKt /sd sf]ifdf hDdf ug]{ * ljkb\sf] ;dodf 3fOt]sf] pkrf/sf] nflu k|fylds pkrf/ ;fdu|Lsf] Joj:yf ug]{ * ljkb\ gePdf k|fylds pkrf/ ;fdu|Lsf] ;do afFsL /xFb} k|of]u u/L k'gM gofF ;fdu|L tof/L cj:yfdf /fVg] * :yfgLo :jf:Yo rf}sL;Fu ;dGjo u/L cfjZos ;fdu|L dfu ug]{ * :yfgLo txdf Pda'n]G; pknAw ePdf ;f]sf] dd{t;Def/ u/L b'?:t /fVg] Joj:yf ldnfpg] * :jf:Yo / ;/;kmfO;DaGwL hgr]tgf clej[l4 u/L ljkb\ klxn] / kl5 x'g ;Sg] dxfdf/L tyf hg:jf:Yo;DaGwL ;d:ofaf/]df hgr]tgf clej[l4 ug]{ * hgr]tgf clej[l4sf] nflu lhNnf hg:jf:Yo sfof{no / cGo :jf:Yo;+:yf;Fu ;xof]u dfu ug]{ * :jo+;]jsx¿nfO{ ljkb\ / dxfdf/Laf/] cled'vLs/0f ug]{ | * ljkb\ x'g] df};ddf vf]h tyf p4f/sf] nflu tof/L cj:yfdf /xg] * ;"rgf tyf k"j{r]tfjgL sfo{bnsf] ;"rgfsf cfwf/df clt hf]lvddf /x]sf kl/jf/nfO{ ;'/lIft :yfgdf n}hfg] * To:tf kl/jf/sf] dxTjk"0f{ ;DklQ / kz'wgsf] /Iff tyf p4f/ ug]{ * ;d'bfodf /x]sf dlxnf, ckfª\u, a"9fa"9L, ue{jtL tyf ;'Ts]/L dlxnfsf] ;"rL tof/ u/L d"n ;ldltnfO{ lbg] / ;xof]usf] k|fylds ;"rLdf /fVg cfu|x ug]{ * 3fOt]sf] tTsfn pkrf/ ug{ p4f/ sfo{bn;Fu} ljkb\ k|efljt If]qdf hfg] * 3fOt]sf] k|fylds pkrf/ u/L cfjZos k/]df :jf:Yo;+:yfdf k7fpg] | | * p4f/ ul/Psf JolQm, wg;DklQ, kz'wgsf] ;"rL tof/ u/L d"n ;ldltnfO{ lbg] * ljkb\df k/]/ x/fPsf jf d[To' ePsf dflg; / 3/kfn'jf kz'sf] ;"rL tof/ u/L d"n ;ldltdfkm{t ;'/Iff lgsfo / uflj;nfO{ pknAw u/fpg] * p4f/ ;dfu|L k'gM oyf:yfgdf /fVg] * ljkb\kl5 kmf]xf]/d}nf Joj:yfkgsf sfo{ ug]{ * lj:yflkt a;]sf] :yfgdf ;/;kmfOsf sfo{nfO{ lgoldt ¿kdf ;~rfng ug]{ * dxfdf/LhGo /f]ux¿sf] lgoldt lgu/fgL ug]{ / ;DalGwt lgsfonfO{ hfgsf/L lbg] * :jf:Yo, ;/;kmfO / hg:jf:yo;DaGwL hgr]tgf clej[l4 ug]{ | |
| **#=** cg'udg tyf d"NofÍg pk;ldlt | | | | |
| * k"0f{ ¿kdf lj:yflkt x'g] kl/jf/nfO{ a;f]af;sf] Joj:yfsf nflu ;fj{hlgs hUufsf] klxrfg u/L To:tf] hUuf pkof]u ug{ gu/kflnsf / ufpFkflnsfdfkm{t\ ;DalGwt lgsfo;Fu cg'dlt lng] k|lqmof cl3 a9fpg] * lj:yflktnfO{ ;'/lIft /fVg] :yfgsf] nflu p4f/ sfo{bn;Fu ;dGjo u/L ;'/lIft :yfgsf] klxrfg ug]{ * :yfgLo ljkb\ Joj:yfkg ;ldltsf] lgb]{zgdf cfjZos sfo{ ug]{ * ljkbk"j{ g} hgwgsf] x'g ;Sg] Ifltsf] ljj/0f ;ª\sng ug]{ . * ;DefJo Iflt ljZn]if0f gd'gf kmf/fd tof/ ug]{ . * Iflt ljZn]if0f :jo+;]jsx¿nfO{ tflnd lbg] . * Iflt ljZn]if0f :jo+;]jsx¿nfO{ tof/L cj:yfdf /fVg] . | * ;xL ;dodf sfo{of]hgfcg';f/ /fxt Joj:yfkg ug]{ * lhNnfaf6 k|fKt cg'bfg jf /fxt ljt/0fdf lhNnfsf] sfo{bnnfO{ ;xof]u ug]{ * :yfgLo ljkb\ Joj:yfkg ;ldlt;Fu ;xdlt lnP/ cGo cfjZos sfo{ ug]{ * ljkb\af6 ePsf] Ifltsf] n]vfhf]vf u/L cfkt\sfnLg ;xof]usf] cfjZostf klxrfg ug]{ * pknAw ;"rgfsf cfwf/df ;xof]usf nflu :yfgLo ljkb\ Joj:yfkg ;ldltdfkm{t ;DalGwt lgsfonfO{ pknAw u/fpg] . | | * lj:yflkt eP/ k'gM:yfkg x'g g;s]sf kl/jf/nfO{ ;'/lIft :yfgdf a;f]af;sf] Joj:yfsf nflu kxn tyf k}/jL ug]{ * k'gM:yfkgf x'g ;Sg] kl/jf/sf] 3/ dd{t;Def/sf] nflu kxn ug]{ / ;xof]usf] nflu lhNnf b}jL k|sf]k p4f/ ;ldltnfO{ :yfgLo ljkb\ Joj:yfkg ;ldltdfkm{t\ l;kmfl/; u/L k7fpg] * Ifltsf] lj:t[t ljZn]if0fsf nflu ;ª\sng ug]{ . * ul/Psf] sfdsf] ;ldIff u/L sdL sdhf]/Lx¿nfO{ kQf nufpg] . | |
|  | | | | |
| $= n}lª\us ;dfgtf tyf ;+/If0f pk;ldlt | | | | |
| * dgf];fdflhs k/fdz{bftfx?sf] /]s8{ cBjlws ug]{ / tflnd ;+rfngsf] aGbf]j:t ldnfpg] * ljkb\ tyf hnjfo' pTyfgzLn of]hgf th'{df tyf sfof{Gjog tyf hgr]tgf clej[l4 / cGo Ifdtf clej[l4sf sfo{qmdx?df n}lª\s ;dfgtf / ;fdflhs ;df]j]zLs/0f ;'lglZrt ug]{ * n}lª\us ;dfgtf / ;+/If0f ;DaGwL cled'vLs/0f ug]{ * ckfª\utf ePsf JolQmx?, h]i7 gful/s, dlxnf, ue{jlt dlxnf tyf jfnjflnsf d}qL cf>o:ynsf] klxrfg / lgdf{0fdf ljkb\ tyf hnjfo' pTyfgzLn ;ldltnfO{ ;xof]u ug]{ * ckfª\utf ePsf JolQmx?, h]i7 gful/s, dlxnf, ue{jlt dlxnf, blnt, hghflt tyf jfnjflnsfnfO{ ;'/Iff ;DaGwL k"j{hfgsf/L Pj+ cled'vLs/0f ug]{ | * ljkb\ k|ltsfo{sf bf}/fg x'g ;Sg] e]befj, lx+;f, b'Jo{jxf/ cflb 36gfsf] cg'udg / klxrfg ug{] * 36gf 36]sf] jf 36\g ;Sg] cj:yfdf sfg"gL ;xof]u tyf k/fdz{dfkm{t\ bf]ifLnfO{ sf/jfxL ug{ ;lsg] Joj:yf ldnfpg] * ljkb\ k|efljtnfO{ cfjZostf cg';f/ dgf]k/fdz{ lbg] * x/fPsf jf lj5f]l8Psf kl/jf/sf] vf]hL / k'gld{ngsf] nflu ;xhLs/0f ug]{ * /fxt ljt/0f ul/Fbf /fxt ;fdu|Lx? Jfnjflnsf, dlxnf, ue{jlt tyf ;'Ts]/L dlxnfsf nflu ljz]if ;fdu|Lsf] Joj:Yff ug{ ljkb\ tyf hnjfo' pTyfgzLn ;d"xnfO{ cfu|x / ;xof]u ug]{ | | * ljkb\af6 k|efljt JolQm, kl/jf/ / hf]lvddf /x]sf ljleGg ;d"xdfly ljkb\sf] ;do jf ljkb\ kZrft\ pTkGg lx+;f, zf]if0f, b'Jo{jxf/, e]befj Pj+ x]nfdf k/]sf ;d"xnfO{ dfgjLo dfkb08sf cfwf/df ;+/If0f k|bfg ug'{ | |

**cg';"rL M**

!= ;xeflutfd"ns Ifdtf tyf ;ª\s6f;Ggtf ljZn]if0fsf] ;+lIfKt k|ltj]bg -Ifdtf tyf ;ª\s6f;Ggtf gS;fª\sg, k|sf]k gS;fª\sg tyf :t/Ls/0f, P]ltxfl;s ;do /]vf,k|sf]k kfqf], ;d:of j[If ljZn]if0f, /f]6L lrq cflb\_

@= a}7s tyf uf]i7Lsf ;xefuLx¿sf] ljj/0f / lg0f{o

#= gu/kflnsf tyf ufpFkflnsf :t/Lo ljkb\ Joj:yfkg ;ldltsf] ljj/0f

$= j8f :t/Lo ;"rgf kmf/d

%= of]hgfsf nflu cg'dflgt ah]6

**;d'bfosf] k|ltsfo{ of]hgf**

|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
| ;dofjlw | Joj:yfkgsf lqmofsnfk | d'Vo lhDd]jf/L | k|lqmof | k|ltkmn | ;|f]tsf] Joj:yf | |
| cfGtl/s | jfx\o |
| ) b]lv ! 306f leq | k|sf]ksf] k"j{ ;"rgf / ljkb\sf] ;"rgf ;Dk|]if0f | k"j{ ;"rgf sfo{bn, k|efljt ;d'bfo / :yfgLo / ;fd'bflos ljkb\ tyf hnjfo" pTyfgzLn ;ldlt | k"j{ ;"rgf sfo{bnn] ;d'bfo, jiff{ tyf gbL cjnf]sg s]Gb|, lhNnf cfkt\sfnLg sfo{;+rfng s]Gb|, ;~rf/dfWod, hn tyf df};d lj1fg ljefu / dftxtsf sfof{no, ;'/Iff lgsfo, ljkb\ ;DaGwL sfo{ ug]{ ;+3 ;+:yfx?, /fli6«o e"sDk dfkg s]Gb| nufotsf ljleGg dfWodaf6 k|sf]ksf] ;"rgf tyf k"j{ ;"rgf k|fKt u/L :yfgLo / ;fd'bflos ljkb tyf hnjfo' pTyfgzLn ;ldlt, vf]h p4f/ / k|fylds pkrf/ sfo{bn, lhNnf cfkt\sfnLg sfo{;+rfng s]Gb| tyf ;+s6f;Gg ;d'bfox?nfO{ ljleGg ;~rf/ dfWod -h:t}M xft] dfOs, ;fO/g, kmf]g, P;\=Pd=P;\= cflb\_sf] k|of]u u/L va/ cfbfg k|bfg ug]{ | ;ª\s6f;Gg ;d'bfo / lhNnfsf ;/f]sf/jfnfx?4f/f k|sf]k jf ljkb\ ;DaGwL ;"rgf k|fKt ug]{, ;"rgf k|fKt ul/;s] kZrft\ ;'/lIft :yfgdf cf>o lng] |  |  |
| ) b]lv ! 306f leq | :yfgLo tyf ;fd'bflos ljkb\ tyf hnjfo" pTyfgzLn ;ldltsf] j}7s | ;ldltsf kbflwsf/Lx? | of] k|sf]ksf] vt/f ;DaGwL k"j{ ;"rgf tyf 36gfsf] ;"rgf k|fKt u/]kZrft\ :yfgLo ljkb\ tyf hnjfo' pTyfgzLn ;ldlt÷;fd'bflos ljkb\ Joj:yfkg ;ldltn] s]xL cfkt\sfnLg lg0f{ox? ug{ a:g] a}7s xf] . | k|fylds pkrf/ sfo{bn / Vff]h tyf p2f/ sfo{bn kl/rfng ug]{ lg0f{o  ;d'bfonfO{ ;fO/g, d]ufkmf]g / cGo ;fwg k|of]u u/L lgoldt hfgsf/L lbg] lg0f{o |  |  |
| ) b]lv @$ 306f leq | :yfgLo / ;fd'bflos sfo{bnx?af6 p2f/ sfo{ | vf]h p4f/ tyf k|fylds pkrf/ sfo{bn | ljkb\ ePsf] ;"rgf k|fKt u/]kl5 k|fylds pkrf/ sfo{bn / vf]h tyf p2f/ sfo{bn ;d'bfodf uO{ cfkm\gf] sfo{ ;'? ug]{5 .  cfunfuLsf] 36gf ePdf cfunfuL lgoGq0fsf] k|of; ug]{  Dfxfdf/L ljkb\sf ;DjGwdf dflg;df x'g] dxfdf/L cj:yfsf] hfgsf/L lbg] tyf k|ltsfo{ ;'? ug]{ | nlIft %) k|ltzt ;d'bfonfO{ p2f/ u/L ;'/lIft :yndf NofOg]  rf]6k6s nfu]sf lj/fdLx?nfO{ k|fylds pkrf/ k|bfg ul/g] |  |  |
| ) b]lv @$ 306f leq | vf]h p4f/ / k|fylds pkrf/sf nflu yk ;xof]u cfjZos ePdf lhNnf b}jL k|sf]k p4f/ ;ldlt, /]8qm;, ;'/Iff lgsfonufot;Fu ;dGjo ug]{ | :yfgLo ljkb\ tyf hnjfo' pTyfgzLn ;ldlt | :yfgLo ljkb\ tyf hnjfo' pTyfgzLn ;ldltsf] cg'/f]w tyf lhNnf b}jL k|sf]k p4f/ ;ldltsf] lgb]{zgdf vf]h tyf p2f/ ljifout If]qn] ljleGg ;fwg tyf ;|f]tsf] pkof]u u/L p2f/ sfo{ ug]{5 .  vf]h tyf p2f/sf nflu :yfgLo ljkb\ tyf hnjfo' pTyfgzLn ;ldlt, ;fd'bflos ljkb\ Joj:yfkg ;ldlt / sfo{bnsf] ;xfotf lng]5 . | ;d'bfonfO{ p2f/ u/L ;'/lIft :yndf NofOg]  rf]6k6s nfu]sf lj/fdLx?nfO{ k|fylds pkrf/ k|bfg ul/g]  ;3g 3fOt]x?nfO{ c:ktfn k7fpg] |  |  |
| ) b]lv @$ 306f leq | 3fOt], x/fO/x]sf tyf lj:yflktsf] ;"rL cBjlws /fVg] tyf b|'t ;j]{If0f tYofª\s ;+sng | lhNnf b}jL k|sf]k p4f/ ;ldlt | :yfgLo ljkb\ tyf hnjfo' pTyfgzLn ;ldlt / ;fd'bflos ljkb\ Joj:yfkg ;ldltn] 3fOt], x/fO/x]sf tyf cfGtl/s lj:yflktsf] ;"rL cBjlws ug]{, ;"rL tof/ ubf{ :yfg, pd]/, lnË, hflt, ckfËtf cflb klg v'nfpg]  lhNnf b}jL k|sf]k p4f/ ;ldltn] v6fPsf] b|'t ;j]{If0f 6f]nLnfO{ b|'t ;j]{If0f kmf/fddf rflxg] hfgsf/L ;+sng ug{ d4t ug]{ | klxnf] r/0fsf] IftL, 3fOt] / d[To' x'g]sf] ;+Vof ;+sng ug]{ |  |  |
| ) b]lv @$ 306f leq | ljkb\ k|efljt / cfGtl/s lj:yflktsf nflu cfwf/e"t vfB ;fdu|L tyf c:yfoL j;f]jf;sf] k|aGw ug]{ | :yfgLo ljkb\ tyf hnjfo' pTyfgzLn ;ldlt | :yfgLo ljkb\ tyf hnjfo' pTyfgzLn ;ldltn] cfkm";Fu ePsf] >f]t kl/rfng ug]{ tyf ck'u ;|f]tsf nflu lhNnf b}jL k|sf]k p4f/ ;ldlt tyf :yfgLo / lhNnf l:yt bft[ ;+:yfx?sf] jf JolQmx?nfO{ cg'/f]w ug]{ | ljkb\ k|efljt / cfGtl/s lj:yflktsf nflu cfwf/e"t vfB ;fdu|L / ckfËtf, jfnjflnsf, h]i7 gful/s tyf n}lËs d}qL c:yfoL j;f]jf;sf] aGbf]j:t x'g] |  |  |
| ) b]lv @$ 306f leq | ;d'bfonfO{ ;r]t u/fpg lhNnf b}jL k|sf]k p4f/ ;ldlt, sfo{bnx?, ;d'bfo, k|sf]k;Fu ;DalGwt ;/sf/L u}/;/sf/L lgsfox?, ;~rf/ dfWod cflbaf6 k|fKt tYout k"j{;"rgf, cfkt\sfnLg r]tfjgL, hf]lvd a9]sf] jf 36]sf], ePu/]sf p4f/ k|of;x?, ckgfpg' kg]{ ;fjwfgLx?  tyf ;fj{hlgs cfXjfg ljifos ;"rgfx? cfjZostf cg';f/ lgoldt k|jfx ug]{ . | :yfgLo ljkb\ tyf hnjfo' pTyfgzLn ;ldlt | lhNnf b}jL k|sf]k p4f/ ;ldlt, sfo{bnx?, ;d'bfo, k|sf]k;Fu ;DalGwt ;/sf/L u}/;/sf/L lgsfox?, ;~rf/ dfWod cflb nufot ljleGg dfWodaf6 hfgsf/L k|fKt u/L dfOls+u, kmf]g h:tf dfWod k|of]u u/L ;d'bfonfO{ ;"lrt ug]{ | ;d'bfodf ckmjfx km}ngaf6 /f]Sg], lhjgpkof]uL ;Gb]zx? k|jfx x'g] |  |  |
| @$ 306f b]lv $\* 306f leq | k|efljt kl/jf/ sf] btf{ tyf vf]hL sfo{, k|efljt kl/jf/nfO{ klxrfg kq -6f]sg\_ ljt/0f / tYof+s Joj:yfkg | :yfgLo ljkb\ tyf hnjfo' pTyfgzLn ;ldlt | ;d'bfo ljkb\ Jjo:yfkg ;ldlt, g]kfn /]8qm; ;f];fO6L nufotsf cGo lgsfosf] ;xof]udf :yfgLo ljkb\ tyf hnjfo' pTyfgzLn ;ldltn] k|efljt kl/jf/ btf{ ug]{5 . o; ;'rLnfO{ ;'/Iff lgsfon] -g]kfn k|x/L\_] k|dfl0ft ug]{5 . | /fxt Kofs]hsf] cfjZostf d"Nof+sg, ljt/0f / k|ltsfo{sf nflu k|efljt kl/jf/sf] tYof+s Joj:yfkg |  |  |
| @$ 306f b]lv $\* 306f leq | cfjf; tyf u}/vfB ;DaGwL] k|ltsfo{ | :yfgLo ljkb\ tyf hnjfo' pTyfgzLn ;ldlt | lhNnf b}jL k|sf]k p4f/ ;ldlt dftxtsf] cfjf; tyf u}/ vfB ljifout If]q;Fu ;dGjo ub}{ ;d'bfo ljkb\ Joj:yfkg ;ldltsf] d4tdf tyf lj:yflkt ;+Vofsf] cfwf/df c:yfoL jf;:yfgsf] Joj:yfkg ug]{ . jf;:yfg Joj:yfkg ubf{ :km]o/ dfkb08 ckgfOg'kg]{ | lj:yflkt ;d'bfosf nflu c:yfoL jf;:yfgsf] tyf cGo cfwf/e"t u}/ vfB ;fdu|Lsf] Joj:yf |  |  |
| @$ 306f b]lv $\* 306f leq | Vffg]kfgL tyf ;/;kmfO ;DaGwL k|ltsfo{ | :yfgLo ljkb\ tyf hnjfo' pTyfgzLn ;ldlt | k|efljt ;+Vofsf] ;"rLsf] cfwf/df lhNnf b}jL k|sf]k p4f/ ;ldltcGtu{tsf] vfg]kfgL tyf ;/;kmfO{ ljifout If]q;Fu ;dGjo ub}{ tyf ;d'bfo ljkb\ Joj:yfkg ;ldlt ;d]tsf] d4tdf ljt/0f ug'{kg]{ ;fdfu|L ;+Vof lgwf{/0f u/L ljt/0f ug]{5 .  h}ljs, 7f]; tyf k|sf]khGo kmf]xf]/sf] plrt k|aGw ldnfpg] jf gi6 ug]{ ;DaGwL hgr]tgf km}nfpg] | :jf:Yo ;fdfu|L, kfgL z'l4s/0fsf nflu ;fdfu|L nlIft hg;d'bfonfO{{ ljt/0f ug]{,  xft w'g] tl/sf / dxTj ;DaGwL hfgsf/L,  dlxnfnfO{ rflxg] ;/;kmfO ;fdfu|Lsf] Joj:yf,  c:yfoL zf}rfno / kmf]xf]/ d}nfsf] Joj:yfkg |  |  |
| @$ 306f b]lv $\* 306f leq | vfB Joj:yfkg ;DaGwL] k|ltsfo{ | :yfgLo ljkb\ tyf hnjfo' pTyfgzLn ;ldlt | k|efljt ;+Vofsf] ;"rLsf] cfwf/df lhNnf b}jL k|sf]k p4f/ ;ldltcGtu{tsf] vfB ljifout If]q;Fu ;dGjo ub}{ cfjZos tof/L vfB ;fdfu|L cfFsng ug]{  ;fd'bflos ljkb\ Joj:yfkg ;ldltsf] ;xof]u lnO{ vfB ;fdfu|L ljt/0f ug]{5 . | k|efljt hg ;d'bfonfO{ tof/L vfB ;fdfu|L ljt/0f |  |  |
| @$ 306f b]lv $\* 306f leq | u'gf;f, n}lËs lx+;f tyf ljjfb Joj:yfkg ;DaGwL k|ltsfo{ | :yfgLo ljkb\ tyf hnjfo' pTyfgzLn ;ldlt / ;+/If0f sfo{bn | :yfgLo ljkb\ tyf hnjfo' pTyfgzLn ;ldltsf] lgb]{zgdf lkmN8df kl/rflnt 6f]nLn] cfjf; tyf u}/vfB;Fu ;xsfo{ u/L ;+s6f;Gg ju{sf] cfjZostf cg';f/ c:yfoL jf;:yfgsf] Joj:yfkg ug]{5 . | dlxnf, j[4 j[4f / jfnjflnsfsf] cfjZostfcg';f/ c:yfoL af;:yfg Joj:yfkg ug]{ |  |  |
| @$ 306f b]lv $\* 306f leq | :jf:Yo tyf kf]if0f;DaGwL k|ltsfo{ | :yfgLo / ;fd'bflos ljkb\ Joj:yfkg ;ldlt | k|efljt ;+Vofsf] ;"rLsf] cfwf/df lhNnf b}jL k|sf]k p4f/ ;ldltcGtu{tsf] :jf:Yo tyf kf]if0f ljifout If]q;Fu ;dGjo ub}{ :jf:Yo tyf kf]if0f ;DaGwL k|ltsfo{sf nflu cfjZos ;fdu|L ;+Vof cfFsng u/L  ljt/0f ug]{5 .  cfjZostf cg';f/ c:yfoL c:ktfn :yfkgf | k|efljt kl/jf/nfO{ ;'/lIft ;fdfu|L ljt/0f,  k|efljt If]qdf cfjZostf cg';f/ c:yfoL c:ktfn :yfkgf |  |  |
| $\* b]lv &@ 306f leq | kfgL z'l4s/0fsf nflu ck'u ;fdu|Lsf] n]vfhf]vf / Joj:Yffkg | :yfgLo ljkb\ tyf hnjfo' pTyfgzLn ;ldlt | :yfgLo ljkb\ tyf hnjfo' pTyfgzLn ;ldltn] ;fd'bflos ljkb\ Joj:yfkg ;ldlt / lhNnf b}jL k|sf]k p4f/ ;ldltcGtu{tsf] vfg]kfgL tyf ;/;kmfO{ ljifout If]q;Fu ;dGjo ub}{ kfgL z'l4s/0fsf nflu ck'u ;fdfu|Lsf] n]vfhf]vf ug]{5 .  kfgLsf] ;'ljwf ljleGg :yfgdf u/fpg]5 . | ljleGg 7fpFdf kfgLsf] Joj:yfkg  kfgL z'l4s/0fsf nflu yk ;fdfu|L ljt/0f |  |  |
| $\* b]lv &@ 306f leq | dxfdf/L lgoGq0fsf nflu kmf]x/ Joj:yfkg | :yfgLo ljkb\ tyf hnjfo' pTyfgzLn ;ldlt | :yfgLo ljkb\ tyf hnjfo' pTyfgzLn ;ldltn] ;fd'bflos ljkb\ Joj:yfkg ;ldlt / lhNnf b}jL k|sf]k p4f/ ;ldltcGtu{tsf] vfg]kfgL tyf ;/;kmfO{ ljifout If]q tyf ;'/Iff lgsfo;Fu ;dGjo ub}{ Df/]sf kz'sf zjx? ;+sng tyf Joj:yfkg ug]{ | Df/]sf kz'sf zjx? ;+sng tyf Joj:yfkg x'g] |  |  |
| $\* b]lv &@ 306f leq | l:kmo/ dfkb08cg';f/ vfgf agfpg] efF8fjt{g, OGwg, n'ufkmf6f], sDan, kl/jf/, afnaflnsf, dlxnfsf nflu cfjZos kg]{ :jf:Yo k|a4{g ;fdu|Lh:tf u}/vfB ;fdu|Lsf] ;]6 ljt/0f ug]{ | :yfgLo ljkb\ Joj:yfkg ;ld"lt | :yfgLo ljkb\ tyf hnjfo' pTyfgzLn ;ldltn] lhNnf b}jL k|sf]k p4f/ ;ldlt cGtu{tsf] cfjf; tyf u}/ vfB ljifout If]q;Fu ;dGjo ub}{ lg/Gt/ cfjf; Joj:yfkgdf nflu/xg] 5 . | k|efljt kl/jf/nfO{ u}/vfB ;fdfu|L ljt/0f |  |  |
| $\* b]lv &@ 306f leq | vfB ;fdu|L ljt/0f | :yfgLo ljkb\ tyf hnjfo' pTyfgzLn ;ldlt | k|efljt kl/jf/ ;+Vofsf] cfwf/df lhNnf b}jL k|sf]k p4f/ ;ldlt cGtu{tsf] vfB ljifout If]q;Fu ;xsfo{ ug]{ / ljt/0f ug]{5 . | k|efljt kl/jf/nfO{ ksfpg rflxg] vfB ;fdfu|L ljt/0f |  |  |
| &@ 306f b]lv & lbg leq | cfkt\sfnLg lzIffsf] Joj:yfkg | :yfgLo ljkb\ tyf hnjfo' pTyfgzLn ;ldlt / ;DalGwt ljBfno | k|efljt ljBfno / ljBfyL{ ;+Vofsf] cfwf/df  :yfgLo ljkb\ tyf hnjfo' pTyfgzLn ;ldltn] lzIff ljifout If]q tyf k|efljt ljBfno;Fu ;dGjo ub}{ cfjZos kg]{ lzIff ;fdfu|L ljt/0f ug]{ / c:yfoL ljBfnosf] lgdf{0fdf ;3fpg] . | lj:yflkt jfnjflnsfsf nflu c:yfoL sIff ;~rfng ug]{  lzIff ;fdfu|L ljt/0f ug]{ |  |  |
| &@ 306f b]lv & lbg leq | u'gf;f, n}lËs lx+;f tyf ljjfb Joj:yfkg ;DaGwL yk k|ltsfo{ | :yfgLo ljkb\ tyf hnjfo' pTyfgzLn ;ldlt / ;+/If0f sfo{bn | dgf];fdflhs k/fdz{ ;]jf / sfg'gL ;xfotf rflxg] dflg;sf] klxrfg ug]{5 . | dgf];fdflhs k/fdz{ ;]jf pknAw u/fpg]  cfjZos hg;d'bfonfO{ sfg'gL ;xfotf lbg] |  |  |
| &@ 306f b]lv & lbg leq | Afx'If]q k|f/lDes b|"t n]vfhf]vf | :yfgLo ljkb\ tyf hnjfo' pTyfgzLn ;ldlt / lhNnf b}jL k|sf]k p4f/ ;ldltn] v6fPsf] 6f]nL | :yfgLo ljkb\ tyf hnjfo' pTyfgzLn ;ldltn]  Afx'If]q k|f/lDes b|"t n]vfhf]vfsf nflu kl/rflnt 6f]nLnfO{ cfjZos ;xof]u ug]{ | (MIRA) ax'If]q b|'t ;j]{If0f sfo{ ;DkGg eO{ Ifltsf] lj:t[t ljj/0f cfpg] |  |  |
| &@ 306f b]lv & lbg leq | zj Joj:yfkg tyf d[ts kl/jf/nfO{ cfly{s ;xof]u | :yfgLo ljkb\ tyf hnjfo' pTyfgzLn ;ldlt / lhNnf b}jL k|sf]k p4f/ ;ldlt | d[tssf kl/jf/nfO{ :yfgLo ljkb\ tyf hnjfo' pTyfgzLn ;ldltsf] tkm{af6 sfhlsl/ofsf nflu cfly{s ;xof]u ug]{, d[ts k|df0f kq hf/L ug{ d4t ug]{ tyf ;/sf/sf tkm{af6 k|fKt x'g] cGo ;xof]usf nflu lhNnf b}jL k|sf]k p4f/ ;ldltnfO{ l;kmfl/; ug]{ | d[tssf] sfhlqmof x'g], d[ts kl/jf/n] /fxt kfpg] |  |  |
| & lbg b]lv @ ;ftf leq | :yfgLo ljkb\ tyf hnjfo' pTyfgzLn ;ldltsf] a}7s | :yfgLo ljkb\ tyf hnjfo' pTyfgzLn ;ldlt | k|ltsfo{df ;+nUg ;/f]sf/jfnf tyf k|efljtx?sf] a}7s a;L r'gf}tL, l;sfO / ;'wf/ ug'{kg]{ kIfaf/] 5nkmn ug]{ | xfn;Ddsf] k|ltsfo{sf] ;ldIff u/L yk cfjZos /0fgLlt th'{df ug]{ |  |  |
| & lbg b]lv @ ;ftf leq | ljleGg If]qdf ePsf] cfjZostf / vf8nsf cfwf/df yk k|ltsfo{ | :yfgLo ljkb\ tyf hnjfo' pTyfgzLn ;ldlt | lhNnf b}jL k|sf]k p4f/ ;ldlt / cGo ;xof]uL lgsfox?;Fu ;dGjo ub}{ yk /fxt / ;xof]usf] aGbf]j:tL ug]{ | yk /fxt ljt/0f / k|ltsfo{ |  |  |
| & lbg b]lv @ ;ftf leq | dgf];fdflhs k/fdz{ | :yfgLo ljkb\ tyf hnjfo' pTyfgzLn ;ldlt / ;+/If0f sfo{bn | lhNnf b}jL k|sf]k p4f/ ;ldltcGtu{tsf] ;+/If0f ljifout If]q;Fu ;dGjo ub}{ dfgl;s tgfjdf k/]sf JolQmnfO{ dgf];fdflhs ;]jf pknAw u/fpg] tyf :jf:Yo ;]jf k|bfg ug]{ | dfgl;s tgfjdf k/]sf JolQm / kl/jf/nfO{ k/fdz{ / xf};nf k|bfg ul/g] |  |  |